

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 🎂	3	4
			9:15 Rise & Shine with Max 10:00 Blue Goose Farms! (FL) 11:00 Morning Exercise with Duffy (FF) 11:00 Trivia with Max 12:30 Community Walk with Virginia & Max 1:00 Afternoon Movie: (MH) 1:00 Group Outing: Burlington (FL) 1:30 Choir Practice with Max 2:30 Yoga with Amelia 3:30 Resident Led Board Games (IR) 3:30 July Highlights & Gazette with Max (MH)	9:15 Rise and Shine with Max 10:00 Coffee Talk with Duffy (IR) 10:00 Curious Dragonfly Brillance! (FL) 11:00 Exercise with Duffy (FF) 11:00 Finish the Line & Jokes with Melissa 1:30 Afternoon Painting with Duffy (TS) 1:30 Flower Arranging with Melissa 2:00 Rummikub (IR) 2:15 Group Puzzle with Melissa 3:00 Piano Thursdays (FL) 3:00 Massage therapy with Kyle (FF) 4:00 Trivia Time! (FL)	10:00 Music with Kiemel (FL) 11:00 Yoga with Caryn (FL) 12:30 Community Walk with Virginia and Max 1:00 Afternoon Movie: (MH) 1:30 Art Tours with Regan & Melissa (MH) 2:30 Bingo with Regan (TS) 2:30 Fitness Group with Melissa & Regan 2:30 Shabbat Service with Allan & Judy (IR) 3:30 Karaoke Fridays (FL) 6:00 Evening Movie: : Independence Day	10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Crafts with Melissa 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with MOLLY KAUFMAN 4:00 Trivia Time! (FL)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 9:15 Rise & Shine with Regan 10:00 Coffee Talk with Duffy (IR) 10:00 Move with Regan (MH) 10:45 Songs with Regan (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 1:30 Fitness Game with Regan 2:00 Board Games (IR) 2:00 Afternoon walk with Duffy (FL) 2:30 Trivia with Regan 3:30 Bingo With Duffy (TS) 3:30 Sunday Surprise with Regan (MH)	6 9:30 Rise and Shine with Regan 10:00 Songs with Regan (MH) 10:00 Morning Trivia with Duffy (MH) 11:00 Yoga with Caryn 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:30 Poetry with Regan (MH) 2:00 Rummikub (IR) 2:15 Travels with Regan 3:30 Crafts or Puzzles with Regan (MH) 3:30 Rosemark Happy Hour! (FL)	7 9:15 Rise & Shine with Max 10:00 Rosary Gathering (IR) 10:30 Posture Awareness with Max & Melissa (MH) 11:00 Morning Exercise with Duffy (FF) 11:00 Sing Along with Kim & Max (MH) 1:30 Book Club with Regan 1:30 Animal & Nature Discussion Max & Kim 3:00 Aroma & Hand Spa - Kim & Regan (MH) 3:30 Bingo W/ Duffy 4:00 Trivia Time	8 9:15 Rise & Shine with Max 9:45 Fitness and Community Walks with Melissa and Virginia 10:00 Reflections with Duffy (MH) 10:30 Garden Club with Melissa 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:00 Group Outing: (FL) 1:30 Choir Practice with Melissa 2:30 Yoga with Amelia 3:30 Cornhole with Melissa (MH) 3:30 Resident Led Board Games (IR)	9 9:15 Rise & Shine with Max 10:00 Coffee Talk with Duffy (IR) 10:15 Walker and Wheelchair Wash 10:30 Rise and Shine with Melissa 10:45 Flower Arranging 11:00 Exercise with Duffy (FF) 1:30 Finish the Line & Jokes with Melissa 1:30 Afternoon Painting with Duffy (TS) 2:00 Rummikub (IR) 2:15 Group Puzzle with Melissa 3:00 Piano Thursdays (FL) 4:00 Trivia Time! (FL)	10 10:00 Music with Kiemel (FL) 11:00 Chair Yoga with Regan and Max 12:30 Community Walk with Virginia and Max 1:00 Afternoon Movie: (MH) 1:30 Craft Club 1:30 Art Tours with Melissa & Regan (MH) 2:30 Bingo with Regan (TS) 2:30 Fitness Group with Melissa & Regan (MH) 3:30 Karaoke Fridays (FL) 6:00 Evening Movie	11 10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Crafts with Melissa 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)
12 9:15 Rise & Shine with Regan 10:00 Coffee Talk with Duffy (IR) 10:00 Move with Regan (MH) 10:45 Songs with Regan (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 1:30 Fitness Game with Regan 2:00 Board Games (IR) 2:00 Afternoon walk with Duffy (FL) 2:30 Trivia with Regan 3:30 Bingo With Duffy (TS) 3:30 Sunday Surprise with Regan (MH)	13 9:30 Rise and Shine with Regan 10:00 Songs with Regan (MH) 10:00 Morning Trivia with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:30 Poetry with Regan (MH) 2:00 Rummikub (IR) 2:15 Travels with Regan 3:30 Crafts or Puzzles with Regan (MH) 3:30 Rosemark Happy Hour! (FL)	14 9:15 Rise & Shine with Max 10:00 Rosary Gathering (IR) 10:30 Posture Awareness with Melissa & Max (MH) 11:00 Morning Exercise with Duffy (FF) 11:00 Sing Along with Max & Kim (MH) 1:30 Book Club with Regan 1:30 Animal & Nature with Kim and Max (MH) 3:00 Family Council (IR) 3:00 Aroma & Hand Spa - Kim & Regan 3:30 Bingo W/ Duffy 4:00 Trivia Time	15 9:15 Rise & Shine with Max 9:45 Fitness and Community Walks with Melissa and Virginia 10:00 Reflections with Duffy (MH) 10:30 Garden Club with Melissa 11:00 Morning Exercise with Duffy (FF) 1:00 Group Outing: (FL) 1:30 Choir Practice with Melissa 2:00 Active Minds: The Discovery of the South Pole (MH) 2:30 Yoga with Amelia 3:30 Cornhole with Melissa (MH) 3:30 Resident Led Board Games (IR)	16 9:15 Rise & Shine with Max 10:00 Coffee Talk with Duffy (IR) 10:15 Walker and Wheelchair Wash 10:30 Rise and Shine with Melissa 10:45 Flower Arranging 11:00 Exercise with Duffy (FF) 1:30 Finish the Line & Jokes with Melissa 1:30 Afternoon Painting with Duffy (TS) 2:00 Rummikub (IR) 2:15 Group Puzzle with Melissa 3:00 Piano Thursdays (FL) 3:00 Massage therapy with Kyle (FF) 4:00 Trivia Time! (FL)	17 10:00 Music with Kiemel (FL) 11:00 Yoga with Caryn (FL) 12:30 Community Walk with Virginia and Max 1:00 Afternoon Movie: (MH) 1:30 Art Tours with Melissa (MH) 2:30 Bingo with Regan (TS) 3:30 Live Music with Calvin Weatherall (FL) 6:00 Evening Movie	18 🎂 10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Crafts with Melissa 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)

FL = Front Lobby, FF = Flourish Fitness, MH = Mayfair Hall, IR = Ivy room, TS = The art studio

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19 9:15 Rise & Shine with Regan 10:00 Coffee Talk with Duffy (IR) 10:00 Move with Regan (MH) 10:45 Songs with Regan (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 1:30 Fitness Game with Regan 2:00 Board Games (IR) 2:00 Afternoon walk with Duffy (FL) 2:30 Trivia with Regan 3:30 Bingo With Duffy (TS) 3:30 Sunday Surprise with Regan (MH)	20 🎂 9:30 Rise and Shine with Regan 10:00 Songs with Regan (MH) 10:00 Morning Trivia with Duffy (MH) 11:00 Yoga with Caryn 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:30 Poetry with Regan (MH) 2:00 Rummikub (IR) 2:15 Travels with Regan 3:30 Crafts or Puzzles with Regan (MH) 3:30 Rosemark Happy Hour! (FL)	21 9:15 Rise & Shine with Max 10:00 Rosary Gathering (IR) 10:30 Posture Awareness with Melissa & Max (MH) 11:00 Morning Exercise with Duffy (FF) 11:00 Sing Along with Max (MH) 1:30 Book Club with Regan 1:30 Animal & Nature with Max & Kim (MH) 2:30 Purple Art Ladonna & Regan 3:30 Bingo W/ Duffy 4:00 Trivia Time	22 9:15 Rise & Shine with Max 9:45 Fitness and Community Walks with Melissa and Virgina 10:00 Reflections with Duffy (MH) 10:30 Garden Club with Melissa 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:00 Group Outing: (FL) 1:30 Choir Practice with Melissa 2:30 Yoga with Amelia 3:30 Cornhole with Melissa (MH) 3:30 Resident Led Board Games (IR)	23 9:15 Rise & Shine with Max 10:00 Coffee Talk with Duffy (IR) 10:15 Walker and Wheelchair Wash 10:30 Rise and Shine with Melissa 10:45 Flower Arranging 11:00 Exercise with Duffy (FF) 1:30 Finish the Line & Jokes with Melissa 1:30 Afternoon Painting with Duffy (TS) 2:00 Rummikub (IR) 2:15 Group Puzzle with Melissa 3:00 Piano Thursdays (FL) 4:00 Trivia Time! (FL)	24 10:00 Music with Kiemel (FL) 12:30 Community Walk with Virginia and Max 1:00 Afternoon Movie: (MH) 1:30 Indoor Balloon Volleyball with Melissa (MH) 1:30 Craft Club 1:30 Art Tours with Melissa (MH) 2:30 Bingo with Regan (TS) 3:30 Karaoke Fridays (FL) 6:00 Evening Movie	25 10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Crafts with Melissa 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)
26 9:15 Rise & Shine with Regan 10:00 Coffee Talk with Duffy (IR) 10:00 Move with Regan (MH) 10:45 Songs with Regan (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 1:30 Fitness Game with Regan 2:00 Board Games (IR) 2:00 Afternoon walk with Duffy (FL) 2:30 Trivia with Regan 3:30 Bingo With Duffy (TS) 3:30 Sunday Surprise with Regan (MH)	27 🎂 9:30 Rise and Shine with Regan 10:00 Blue Goose Farm (FL) 10:00 Songs with Regan (MH) 10:00 Morning Trivia with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:30 Poetry with Regan (MH) 2:00 Rummikub (IR) 2:15 Travels with Regan 3:30 Crafts or Puzzles with Regan (MH) 3:30 Rosemark Happy Hour! (FL)	28 9:15 Rise & Shine with Max 10:00 Rosary Gathering (IR) 10:30 Travel with Chris Wells Across the USA! (FL) 10:30 Posture Awareness with Melissa & Max (MH) 11:00 Sing Along with Melissa (MH) 11:00 Morning Exercise with Duffy (FF) 1:30 Book Club with Regan 1:30 Fitness Group Game with Melissa (MH) 3:30 Bingo W/ Duffy 4:00 Trivia Time	29 9:15 Rise & Shine with Max 9:45 Fitness and Community Walks with Melissa and Virgina 10:00 Reflections with Duffy (MH) 10:30 Garden Club with Melissa 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:00 Group Outing: (FL) 1:30 Choir Practice with Melissa 2:30 Yoga with Amelia 2:30 Chef Chat (FL) 3:30 Cornhole with Melissa (MH) 3:30 Resident Led Board Games (IR)	30 9:15 Rise & Shine with Max 10:00 Coffee Talk with Duffy (IR) 10:15 Walker and Wheelchair Wash 10:30 Rise and Shine with Melissa 10:45 Flower Arranging 11:00 Exercise with Duffy (FF) 1:30 Finish the Line & Jokes with Melissa 1:30 Afternoon Painting with Duffy (TS) 2:00 Rummikub (IR) 2:15 Group Puzzle with Melissa 2:30 Chef Demo (FL) 3:00 Piano Thursdays (FL) 4:00 Trivia Time! (FL)	31 🎂 10:00 Music with Kiemel (FL) 12:30 Community Walk with Virginia and Max 1:00 Afternoon Movie: (MH) 1:30 Indoor Balloon Volleyball with Melissa (MH) 1:30 Art Tours with Melissa (MH) 2:30 Bingo with Regan (TS) 3:30 Karaoke Fridays (FL) 6:00 Evening Movie	Happy Birthday 🎂 Jul 02 Mary Berg Jul 18 Karyl Chalfin Jul 20 Neal Smith Jul 27 Howard Turetzky Jul 31 Elaine Amrhein

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