



August 2026

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)
2	3	4	5	6	7	8
10:00 Morning walk with Duffy (Lobby) (FL) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 2:00 Painting with Duffy (TS) 3:30 Bingo With Duffy (TS)	10:00 Morning Trivia with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 2:00 Rummikub (IR) 3:30 Rosemark Happy Hour! (FL)	10:00 Rosary Gathering (IR) 11:00 Morning Exercise with Duffy (FF) 1:30 Book Club with Regan 2:30 Afternoon Exercise with Max (FF) 3:30 Bingo W/ Duffy	10:00 Reflections with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:00 Group Outing: (FL) 3:30 Resident Led Board Games (IR)	10:00 Coffee Talk with Duffy (IR) 11:00 Exercise with Duffy (FF) 1:30 Afternoon Painting with Duffy (TS) 1:30 Live Beehives with Dave! 2:00 Rummikub (IR) 3:00 Piano Thursdays (FL) 3:00 Massage therapy with Kyle (FF)	10:00 Music with Kiemel (FL) 11:00 Yoga with Caryn (FL) 1:00 Afternoon Movie: (MH) 1:30 Craft Club 2:30 Bingo with Regan (TS) 3:30 Karaoke Fridays (FL) 6:00 Evening Movie	10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)
9	10	11	12	13	14	15
10:00 Morning walk with Duffy (Lobby) (FL) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 2:00 Board Games (IR) 3:30 Bingo With Duffy (TS)	10:00 Morning Trivia with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 2:00 Rummikub (IR) 3:30 Rosemark Happy Hour w/ Daniel Rottenberg (FL)	10:00 Rosary Gathering (IR) 11:00 Morning Exercise with Duffy (FF) 1:30 Book Club with Regan 2:30 Afternoon Exercise with Max (FF) 3:30 Bingo W/ Duffy	10:00 Reflections with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:00 Group Outing: (FL) 3:30 Resident Led Board Games (IR)	10:00 Coffee Talk with Duffy (IR) 11:00 Exercise with Duffy (FF) 1:30 Afternoon Painting with Duffy (TS) 2:00 Rummikub (IR) 3:00 Piano Thursdays (FL)	10:00 Music with Kiemel (FL) 1:00 Afternoon Movie: (MH) 2:30 Bingo with Regan (TS) 3:30 Happy Hour with Rick Weingarten (FL) 6:00 Evening Movie	10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)

FF = Flourish Fitness, FL = Front Lobby, IR = Ivy room, MH = Mayfair Hall, TS = The art studio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:00 Morning walk with Duffy (Lobby) (FL) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 2:00 Board Games (IR) 3:30 Bingo With Duffy (TS)	17 10:00 Morning Trivia with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 2:00 Rummikub (IR) 3:30 Rosemark Happy Hour! (FL)	18 10:00 Rosary Gathering (IR) 11:00 Morning Exercise with Duffy (FF) 1:30 Book Club with Regan 2:30 Afternoon Exercise with Max (FF) 3:30 Bingo W/ Duffy	19 10:00 Reflections with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 2:00 Active Minds: Native Americans of Colorado (MH) 3:30 Resident Led Board Games (IR)	20 10:00 Coffee Talk with Duffy (IR) 11:00 Exercise with Duffy (FF) 1:30 Afternoon Painting with Duffy (TS) 2:00 Rummikub (IR) 3:00 Piano Thursdays (FL) 3:00 Massage therapy with Kyle (FF)	21 10:00 Music with Kiemel (FL) 11:00 Yoga with Caryn (FL) 1:00 Afternoon Movie: (MH) 1:30 Craft Club 2:30 Bingo with Regan (TS) 3:30 Karaoke Fridays (FL) 6:00 Evening Movie	22 10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)
23 10:00 Morning walk with Duffy (Lobby) (FL) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 2:00 Board Games (IR) 3:30 Bingo With Duffy (TS)	24 10:00 Morning Trivia with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 2:00 Rummikub (IR) 3:30 Rosemark Happy Hour! (FL)	25 10:00 Rosary Gathering (IR) 11:00 Morning Exercise with Duffy (FF) 1:30 Book Club with Regan 2:30 Afternoon Exercise with Max (FF) 3:30 Bingo W/ Duffy	26 10:00 Reflections with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 1:00 Group Outing: (FL) 3:30 Resident Led Board Games (IR)	27 10:00 Coffee Talk with Duffy (IR) 11:00 Exercise with Duffy (FF) 1:30 Afternoon Painting with Duffy (TS) 2:00 Rummikub (IR) 3:00 Piano Thursdays (FL)	28 10:00 Six String 70's with Gregg (FL) 1:00 Afternoon Movie: (MH) 2:30 Bingo with Regan (TS) 3:30 Karaoke Fridays (FL) 6:00 Evening Movie	29 10:00 Gospel Church Service Pastor Dan 10:00 Exercise with Max (FF) 11:00 Choir with Melissa and Kim (FL) 1:30 Kindness Club (IR) 2:00 Scrabble (IR) 3:00 Live Music Saturdays: with 4:00 Trivia Time! (FL)
30 10:00 Morning walk with Duffy (Lobby) (FL) 11:00 Morning Exercise with Duffy (FF) 1:00 TV Series: I Love Lucy (MH) 2:00 Board Games (IR) 3:30 Bingo With Duffy (TS)	31 10:00 Blue Goose Farm (FL) 10:00 Morning Trivia with Duffy (MH) 11:00 Morning Exercise with Duffy (FF) 1:00 Afternoon Movie: (MH) 2:00 Rummikub (IR) 3:30 Rosemark Happy Hour! (FL)	Happy Birthday 🎂				
		No birthdays				

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