

MARCH 2025



	SUN	MON	TUE	WED	THU	FRI	SAT
	All activities subject to change						10:00 Move with Meeshi 10:45 Songs for the Spirit 1:00 Your Peace or Mine 2:00 Resident Led Board Games 3:00 Live Music Saturdays: Mark Fossey
	10:30 Morning Walk (weather permitting) 11:00 Exercise with Maq 1:00 TV Series: Home Improvement 2:00 Cooking Demo 3:30 Bingo	10:00 Coffee Chat 11:00 Exercise with Maq 1:00 Lift 2:00 Maq's Military Career Talk 3:30 Happy Hour: Mardi Gras with Music: Scott and Jim	10:00 Morning Walk 11:00 Resident Council 1:00 Destruction Decoded 2:45 Book Club 3:30 Bingo	10:00 Coffee Talk 11:00 Boxing with Bret & Tripp 1:00 First Kid 2:00 Afternoon Walk 2:40 Painting 3:30 Happy Hour	10:00 Flower Arranging 11:00 Exercise with Maq 1:00 Into the Grand Canyon 1:00 Outing: Hammonds Candies 3:00 Music with Chrostopher	Mysteries 2:30 Ringo	10:00 Move with Meeshi 10:45 Songs for the Spirit 1:00 The BFG 2:00 Resident Led Board Games 3:00 Live Music Saturdays: Ethan
	10:30 Morning Walk 11:00 Exercise with Maq 1:00 TV Series: Home Improvement 2:00 Painting 3:30 Bingo	10:00 Cooking Demo 11:00 Exercise with Maq 1:00 Carry On 2:15 Rummikub 3:30 Happy Hour and Music: Jeff King	10:00 Morning Walk 11:00 Exercise with Maq 1:00 Animals Up Close 1:00 Outing: Trader Joes 2:45 Book Club 3:30 Bingo	10:00 Coffee Talk 11:00 Boxing with Bret & Tripp 1:00 Honey I Shrunk the Kids 2:00 Gardening 3:30 Happy Hour	10:00 Morning Walk 11:00 Exercise with Maq 1:00 Active Minds 2:00 Board Games 3:00 Piano with Chrostopher	10:00 Music with Kimmel. 4 11:00 Boxing with Bret and Tripp 1:00 The Unexplained 2:30 Bingo 3:30 Happy Hour 6:00 Evening Movie	10:00 Move with Meeshi 10:45 Songs for the Spirit 1:00 Beatles '64 2:00 Resident Led Board Games 3:00 Live Music Saturdays: Studio 8 Trio
	10:30 Coffee Talk 11:00 Exercise with Maq 1:00 TV Series: Home Improvement 2:00 Afternoon Walk 2:40 Craft 3:30 Bingo	10:00 Morning Walk 11:00 Exercise with Maq 1:00 Purple Hearts 2:15 Rummikub 3:30 Happy Hour: St. Patrick's Day with Music From Deb Scheer	10:00 Board Games 11:00 Exercise with Maq 1:00 Welcome to Earth with Will Smith 1:00 Outing: Walmart 2:45 Book Club 3:30 Bingo	10:00 Coffee Talk 11:00 Boxing with Bret & Tripp 1:00 Man of the House 2:00 Chef's Cooking Demo: Super Foods 3:30 Happy Hour	10:00 Morning Walk 11:00 Exercise with Maq 1:00 Atlas of Cursed Places 2:00 Board Games 3:00 Flower Arranging	10:00 Music with Kimmel. 21 11:00 Boxing with Bret and Tripp 1:00 Big 2:30 Bingo 3:30 Happy Hour 6:00 Evening Movie	10:00 Move with Meeshi 10:45 Songs for the Spirit 1:00 Back in Action 2:00 Resident Led Board Games 3:00 Live Music Saturdays: Dennis Young
3	11:00 Exercise with Maq 1:00 TV Series: Home Improvement 2:00 Trivia	10:00 Blue Goose Farm 11:00 Exercise with Maq 1:00 Girl Haunts Boy 2:15 Rummikub 3:30 Happy Hour and Music: Doug Roche	10:00 Cooking Demo 25 11:00 Exercise with Maq 1:00 Explore the Deepest Cave 2:00 Chef Chat 2:45 Book Club 3:30 Bingo	11:00 Coπee Talk 11:00 Boxing with Bret & Tripp 1:00 Cinderella 2:00 Trivia 3:30 Happy Hour and	10:30 Outing: The Butterfly Pavilion 11:00 Exercise with Duffy 1:00 Epic Adventures with Bertie 3:00 Seated Massage Therapy 5:00 Supper Club	10:00 Music with Kimmel28 11:00 Boxing with Bret and Tripp 1:00 Night at the Museum 2:30 Bingo 3:30 Happy Hour 6:00 Evening Movie	10:00 Move with Meeshi29 10:45 Songs for the Spirit 1:00 The Breakthrough 2:00 Resident Led Board Games 3:00 Live Music Saturdays: Scott Hackler
	10:30 Morning Walk 11:00 Exercise with Maq 1:00 TV Series: Home Improvement 2:00 Gardening 3:30 Bingo	10:00 Curious Dragonfly 11:00 Exercise with Maq 1:00 How to Be Single 2:15 Rummikub 3:30 Happy Hour					