



FEBRUARY 2025

MONARCH HOUSE
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							<p>10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Family Feud 3:00 Live Music Saturdays 4:00 Trivia Time 4:30 Dinner</p>
<p>2</p> <p>10:00 Morning Routine 10:30 Yoga Therapy w/MK 11:30 Lunch 1:30 Afternoon Walk 2:30 Flower Arranging 4:30 Dinner</p>	<p>3</p> <p>10:00 Dance with Meeshi 11:00 Yoga with Caryn 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:30 Live Music Mondays 4:30 Dinner</p>	<p>4</p> <p>10:00 Curious Dragonfly 11:00 Beatles Sing-along 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Purple Art 4:30 Dinner</p>	<p>5</p> <p>10:00 Morning Routine 11:00 Boxing with Bret 11:30 Lunch 1:30 Baking with Tom 2:30 Garden with Amelia 3:30 Ice Cream Social 4:30 Dinner</p>	<p>6</p> <p>10:00 Dance with Meeshi 11:00 Brain Games 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Piano with Sarah 4:30 Dinner</p>	<p>7</p> <p>10:00 Music with Kiemel 11:00 Boxing with Tripp 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Shabbat w/Rabbi Jen 4:00 Family Karaoke 4:30 Dinner</p>	<p>8</p> <p>10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Garden with Amelia 3:00 Live Music Saturdays 4:00 Trivia Time 4:30 Dinner</p>	
<p>9</p> <p>10:00 Morning Routine 10:30 Yoga Therapy w/MK 11:30 Lunch 1:30 Afternoon Walk 2:30 Flower Arranging 4:30 Dinner</p>	<p>10</p> <p>10:00 Dance with Meeshi 11:00 This Year in History 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:30 Live Music Mondays 4:30 Dinner</p>	<p>11</p> <p>10:00 Exercise with Meeshi 11:00 Beatles Sing-along 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Painting with Polly 4:30 Dinner</p>	<p>12</p> <p>10:00 Morning Routine 11:00 Boxing with Bret 11:30 Lunch 1:30 Baking with Tom 2:30 Garden with Amelia 3:30 Ice Cream Social 4:30 Dinner</p>	<p>13</p> <p>10:00 Dance with Meeshi 11:00 Brain Games 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Piano with Sarah 4:30 Dinner</p>	<p>14</p> <p>10:00 Valentine's Concert 11:30 Lunch 1:30 Afternoon Walk 2:00 Read Valentine Cards 3:30 V-Day Happy Hour with the "Studio 8" Trio 4:30 Dinner</p>	<p>15</p> <p>10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Family Feud 3:00 Live Music Saturdays 4:00 Trivia Time 4:30 Dinner</p>	
<p>16</p> <p>10:00 Morning Routine 10:30 Yoga Therapy w/MK 11:30 Lunch 1:30 Afternoon Walk 2:30 Flower Arranging 4:30 Dinner</p>	<p>17</p> <p>10:00 Dance with Meeshi 11:00 Yoga with Caryn 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:30 Live Music Mondays 4:30 Dinner</p>	<p>18</p> <p>10:00 Exercise with Meeshi 11:00 Beatles Sing-along 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Purple Art 4:30 Dinner</p>	<p>19</p> <p>10:00 Morning Routine 11:00 Boxing with Bret 11:30 Lunch 1:30 Baking with Tom 2:30 Garden with Amelia 3:30 Ice Cream Social 4:30 Dinner</p>	<p>20</p> <p>10:00 Dance with Meeshi 11:00 Brain Games 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Piano with Sarah 4:30 Dinner</p>	<p>21</p> <p>10:00 Music with Kiemel 11:00 Boxing with Tripp 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Shabbat w/Rabbi Jen 4:00 Family Karaoke 4:30 Dinner</p>	<p>22</p> <p>10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Garden with Amelia 3:00 Live Music Saturdays 4:00 Trivia Time 4:30 Dinner</p>	
<p>23</p> <p>10:00 Morning Routine 10:30 Yoga Therapy w/MK 11:30 Lunch 1:30 Afternoon Walk 2:30 Flower Arranging 4:30 Dinner</p>	<p>24</p> <p>10:00 Blue Goose Farm 11:00 This Year in History 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:30 Live Music Mondays 4:30 Dinner</p>	<p>25</p> <p>10:00 Exercise with Meeshi 11:00 Beatles Sing-along 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Family Council 4:30 Dinner</p>	<p>26</p> <p>10:00 Morning Routine 11:00 Boxing with Bret 11:30 Lunch 1:30 Baking with Tom 2:30 Garden with Amelia 3:30 Ice Cream Social 4:30 Dinner</p>	<p>27</p> <p>10:00 Dance with Meeshi 11:00 Brain Games 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Piano with Rory 4:30 Dinner</p>	<p>28</p> <p>10:00 Music with Kiemel 11:00 Boxing with Tripp 11:30 Lunch 1:30 Afternoon Walk 2:00 Daily Chronicle 3:00 Sing with Sarah 4:00 Family Karaoke 4:30 Dinner</p>		