

JANUARY2025

## SUN

			<ul> <li>10:00 Coffee Talk and Donuts</li> <li>11:00 Boxing with Bret &amp; Tripp</li> <li>1:00 Wild Yellowstone</li> <li>2:00 Flower Arranging</li> <li>3:30 Happy Hour</li> </ul>	<ul> <li>10:00 Morning Walk (weather permitting)</li> <li>11:00 Exercise with Maq</li> <li>1:00 Outing: Museum of Nature and Science</li> <li>1:00 The Union</li> <li>3:30 Board Games</li> </ul>	<ul> <li>10:00 Music with Kimmel</li> <li>11:00 Boxing with Bret and Trip</li> <li>1:00 Kingdom of the Whit Wolf</li> <li>2:30 Bingo</li> <li>3:30 Happy Hour</li> </ul>	4 10:00 Exercise with Meeshi 11:00 Songs for the Spirit 1:00 The Lost City 2:30 Puppy Therapy 3:00 Live Music Saturdays: Deb Scheer
5 10:00 Board Games 11:00 Exercise with Maq 1:00 TV Series: Doogie Howser M.D. 2:00 Afternoon Walk (weather permitting) 3:30 Bingo	6 10:00 Coffee Chat 11:00 Exercise with Maq 1:00 Americas National Parks 2:15 Rummikub 3:30 Happy Hour and Music: Jim Kurty	7 10:00 Cooking Demo 11:00 Resident Council 1:00 Outing: King Supers 1:00 The Kangaroo King 2:00 Book Club 3:00 Personal Plants	8 10:00 Coffee Talk and Donuts 11:00 Boxing with Bret & Tripp 1:00 Red Notice 2:00 Painting 3:30 Happy Hour	<ul> <li>10:00 Trivia</li> <li>11:00 Exercise with Maq</li> <li>1:00 Lost Treasures of</li> <li>Egypt</li> <li>2:00 Afternoon Walk</li> <li>(weather permitting)</li> <li>3:00 Karaoke</li> </ul>	10:00 Music with Kimmel 11:00 Boxing with Bret and Trip 1:00 Africa's Deadliest 2:30 Bingo 3:30 Happy Hour	<ul> <li>10:00 Exercise with Meeshi</li> <li>11:00 Songs for the Spirit</li> <li>1:00 Return of the King:</li> <li>Elvis Presley</li> <li>2:30 Puppy Therapy</li> <li>3:00 Live Music Saturdays:</li> <li>Jeff King</li> </ul>
12 10:00 Coffee Chat 11:00 Exercise with Maq 1:00 TV Series: Doogie Howser M.D. 2:00 Resident-led Games 3:30 Bingo	13 10:00 Cooking Demo 11:00 Exercise with Maq 1:00 Epic Adventures of Bertie Gregory 2:15 Rummikub 3:30 Happy Hour and Music: Pete Vrazsity	10:00 Morning Walk (weather permitting) 11:00 Exercise with Maq 1:00 World's Deadliest 2:00 Book Club 3:00 Ice Cream Social	<ul> <li>10:00 Coffee Talk and Donuts</li> <li>11:00 Boxing with Bret &amp; Tripp</li> <li>1:00 Transformers Dark of the Moon</li> <li>2:00 Cooking Demo with Chef</li> <li>3:30 Happy Hpur</li> </ul>	16 10:00 Cooking Demo 11:00 Exercise with Maq 1:00 Outing: Denver Aquarium 1:00 A Reak Bugs Life 3:00 Seated Massage Therapy	<ul> <li>10:00 Music with Kimmel</li> <li>11:00 Boxing with Bret and Trip</li> <li>1:00 Lost on Everest</li> <li>2:30 Bingo</li> <li>3:30 Happy Hour</li> </ul>	18 10:00 Exercise with Meeshi 11:00 Songs for the Spirit 1:00 Soul 2:30 Puppy Therapy 3:00 Live Music Saturdays: Chuck Fisher
10:00 Board Games 11:00 Exercise with Maq 1:00 TV Series: Doogie Howser M.D. 2:00 Craft 3:30 Bingo	10:00 Coffee Chat 11:00 Exercise with Maq 1:00 Limitless with Chris Hemsworth 2:15 Rummikub 3:30 Happy Hour and Music: Scott Hackler	10:00 Morning Walk (weather permitting) 11:00 Exercise with Maq 1:00 Outing: Walmart 1:00 JFK: One Day in America 2:00 Book Club 3:00 Karaoke	22 10:00 Coffee Talk and Donuts 11:00 Boxing with Bret & Tripp 1:00 Robinhood 2:00 Trivia 3:30 Happy Hour	23 10:00 Curios Dragonfly 11:00 Exercise with Maq 1:00 Wild Nordic 2:00 Afternoon Walk (weather permitting) 3:00	24 10:00 Music with Kimmel 11:00 Boxing with Bret and Trip 1:00 Growing up Animal 2:30 Bingo 3:30 Happy Hour	25 10:00 Exercise with Meeshi 11:00 Songs for the Spirit 1:00 Just Go With It 2:30 Puppy Therapy 3:00 Live Music Saturdays: Deb Scheer
10:00 Coffee Chat 26 11:00 Exercise with Maq 1:00 TV Series: Doogie Howser M.D. 2:00 Resident- led Games 3:30 Bingo	10:00 Morning Walk (weather permitting) 11:00 Exercise with Maq 1:00 Expedition Amelia 2:15 Rummikub 3:30 Happy Hour and Music: Scott Hackler	<ul> <li>10:00 Cooking Demo 28</li> <li>11:00 Exercise with Maq</li> <li>1:00 Incredible Animal</li> <li>Journeys</li> <li>2:00 Book Club</li> <li>3:30 Board Games</li> </ul>	10:00 Coffee Talk and 29 Donuts 11:00 Boxing with Bret & Tripp 1:00 A Family Affair 2:00 Afternoon Walk (weather permitting) 3:30 1950's Happy Hour	10:00 Morning Walk (weather permitting) 11:00 Exercise with Maq 1:00 Outing: Barnes and Noble Books 1:00 Protecting Paradise 3:30 Craft	10:00 Music with Kimmel 11:00 Boxing with Bret and Trip 1:00 Our Oceans 2:30 Bingo 3:30 Happy Hour	

