



NOVEMBER 2024

ASSISTED LIVING

SUN

MON

TUE

WED

THU

FRI

SAT

						10:00 Music With Kiemel 11:00 Tai Chi With Kelly 1:00 Movie: Edward Scissor Hands 2:30 Bingo 3:30 Happy Hour	10:00 Exercise with Meeshi 11:00 Songs For The Spirit 1:00 Documentary: The Hidden Lives of Pets 2:30 Puppy Therapy 3:00 Live Music Saturdays
10:00 TV Series: Brooklyn Nine-Nine 11:00 Exercise: Chair Dancing 1:00 Afternoon Walk 2:00 Craft 3:30 Bingo	10:00 Coffee Chat 11:00 Exercise: Stretching 1:00 Documentary: Elephant Whisperers 2:15 Rummikub 3:30 Happy Hour	10:00 Documentary: Living with Leopards 11:00 Resident Council 1:00 Afternoon Walk 2:15 Craft 3:30 Bingo	10:00 Coffee Chat 11:00 Boxing with Bret & Tripp 1:00 Documentary: Penguin Town 2:00 Sipping and Painting 3:30 Happy Hour	10:00 Cooking Demo: Apple Cider 11:00 Exercise: Chair Yoga 1:00 Documentary: Our Living World 1:00 Shopping Outing: Trader Joes 2:45	10:00 Music With Kiemel 11:00 Tai Chi with Kelly 1:00 Documentary: Down to Earth 2:30 Bingo 3:30 Happy Hour	10:00 Exercise with Meeshi 11:00 Songs For The Spirit 1:00 Documentary: The Devils Climb 2:30 Puppy Therapy 3:00 Live Music Saturdays	
10:00 TV Series: Brooklyn Nine-Nine 11:00 Exercise: Strength Training 2:00 Cooking Demo 3:30 Bingo	10:00 11:00 Exercise: Chair Dancing 1:00 Documentary: Sharkatraz 2:15 Rummikub 3:30 Happy Hour 3:30 Musical entertainment: Jim Kurty	10:00 Coffee Chat 11:00 Exercise: Chair Yoga 1:00 Documentary: Russia's Wild Tiger 1:00 Outing: History Center Colorado 3:30 Lecture: Sports Talk 3:30 Musical Entertainment: Chris Conway	10:00 Cooking Demo: 11:00 Boxing with Bret & Tripp 1:00 Documentary: Earth Moods 2:00 Brain Games 3:30 Happy Hour and Musical Entertainment: David Harrower	10:00 Coffee Chat 11:00 Exercise: Stretching 1:00 Documentary: Planet of Birds 2:00 Craft 3:30 Musical Entertainment: Rory on Piano	10:00 Music With Kiemel 11:00 Tai Chi With Kelly 1:00 Documentary: Ghost of the Mountains 2:30 Bingo 3:30 Happy Hour	10:00 Exercise with Meeshi 11:00 Songs For The Spirit 1:00 Movie: The Greatest Showman 2:30 Puppy Therapy 3:00 Live Music Saturdays	
10:00 TV Series: Brooklyn Nine-Nine 11:00 Exercise: Chair Yoga 2:00 Sipping and Painting 3:30 Bingo	10:00 Coffee Chat 11:00 Exercise: Stretching 1:00 Documentary: Gordon Ramsay Uncharted 2:15 Rummikub 3:30 Happy Hour	10:00 Cooking Demo: Homemade Hot Chocolate 11:00 Exercise: Strength Training 1:00 Documentary: Sacred Plant 2:00 Brain Games 3:30 Musical Entertainment	10:00 Coffee Chat 11:00 Boxing with Bret & Tripp 1:00 Documentary: Jade Eyed Leopard 2:00 Scrabble 3:30 Happy Hour (November Birthday Celebration)	10:00 Card Game 11:00 Exercise: Chair Dancing 1:00 Documentary: Expedition China 1:00 Shopping Outing: Walmart 3:30 Musical Entertainment	10:00 Music With Kiemel 11:00 Tai Chi With Kelly 1:00 Documentary: Polar Bear 2:30 Bingo 3:30 Happy Hour	10:00 Exercise with Meeshi 11:00 Songs For The Spirit 1:00 Movie: Elton John Live 2:30 Puppy Therapy 3:00 Live Music Saturdays	
10:00 TV Series: Brooklyn Nine-Nine 11:00 Exercise: Stretching 2:00 Cooking Demo 3:30 Bingo	10:00 Blue Goose Farm 11:00 Exercise: Chair Dancing 1:00 Documentary: Apollo: Back to the Moon 2:15 Rummikub 3:30 Happy Hour	10:00 Curious Dragonfly 11:00 Exercise: Strength Training 1:00 Documentary: Path of the Panther 1:00 Outing: Wings Over the Rockies 3:30 Musical Entertainment: Chris	10:00 Cooking Demo 11:00 Boxing with Bret & Tripp 1:00 Documentary: Hostile Planet 2:00 Brain Gamers 3:30 Happy Hour	10:00 Coffee Chat 11:30 Thanksgiving Meal 1:00 Movie: A Charlie Brown Thanksgiving 3:00 Musical Entertainment: Rory on Piano	10:00 Music With Kiemel 11:00 Tai Chi With Kelly 1:00 Documentary: Fire of Love 2:30 Bingo 3:30 Happy Hour	10:00 Exercise with Meeshi 11:00 Songs For The Spirit 1:00 Documentary: Ocean Explorers 2:30 Puppy Therapy 3:00 Live Music Saturdays	