



ROSEMARK

AT MAYFAIR PARK



SEPTEMBER 2024

MONARCH HOUSE

SUN

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<p>10:00 Dance with Maq 10:30 Lunch 1:30 Cooking with Maq 3:00 Fruit Smoothies 4:30 Dinner</p> <p>1</p>	<p>10:00 50's Music/Exercise 11:00 Yoga with Caryn 11:30 Lunch 1:30 Name that Tune! 2:15 Painting with Maq 3:00 City Park Walk 4:30 Dinner</p> <p>2</p>	<p>10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Trivia Time 2:15 Travel Tuesdays 3:00 Purple Art 4:30 Dinner</p> <p>3</p>	<p>10:00 70's Music/Exercise 11:00 Seated Yoga 11:30 Lunch 1:30 Musical Hangman 2:30 Garden with Amelia 3:30 Happy Hour 4:30 Dinner</p> <p>4</p>	<p>10:00 Dance with Maq 11:00 Word Games 11:30 Lunch 1:30 Talk with Duffy 3:00 Sensory Outings 4:30 Dinner</p> <p>5</p>	<p>10:00 Music with Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Watercolors 2:30 Fun with Amy 3:30 Happy Hour 4:30 Dinner</p> <p>6</p>	<p>10:00 Exercise with Meeshi 11:00 Spiritual Songs 11:30 Lunch 2:00 Trivia Time 3:00 Live Music Saturdays 4:30 Dinner</p> <p>7</p>
<p>10:00 Dance with Maq 10:30 Lunch 1:30 Cooking with Maq 3:00 Fruit Smoothies 4:30 Dinner</p> <p>8</p>	<p>10:00 50's Music/Exercise 11:00 Word Games 11:30 Lunch 1:30 Name that Tune! 2:15 Painting with Maq 3:30 Happy Hour 4:30 Dinner</p> <p>9</p>	<p>10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Trivia Time 2:15 Travel Tuesdays 3:00 Piano with Christopher 4:30 Dinner</p> <p>10</p>	<p>10:00 Painting with Polly 11:00 Boxing with Bret 11:30 Lunch 1:30 Musical Hangman 2:30 Yoga with Amelia 3:30 Happy Hour 4:30 Dinner</p> <p>11</p>	<p>10:00 Dance with Maq 11:00 Word Games 11:30 Lunch 1:30 Talk with Duffy 2:30 Piano with Rory 4:30 Dinner</p> <p>12</p>	<p>10:00 Music with Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Watercolors 2:30 Fun with Amy 3:30 Happy Hour 4:30 Dinner</p> <p>13</p>	<p>10:00 Exercise with Meeshi 11:00 Spiritual Songs 11:30 Lunch 2:00 Trivia Time 3:00 Live Music Saturdays 4:30 Dinner</p> <p>14</p>
<p>10:00 Dance with Maq 10:30 Lunch 1:30 Cooking with Maq 3:00 Fruit Smoothies 4:30 Dinner</p> <p>15</p>	<p>10:00 50's Music/Exercise 11:00 Yoga with Caryn 11:30 Lunch 1:30 Name that Tune! 2:15 Painting with Maq 3:00 Ice Cream Outing 4:30 Dinner</p> <p>16</p>	<p>10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Trivia Time 2:15 Travel Tuesdays 3:00 Purple Art 4:30 Dinner</p> <p>17</p>	<p>10:00 70's Music/Exercise 11:00 Boxing with Bret 11:30 Lunch 1:30 Musical Hangman 2:30 Garden with Amelia 3:30 Happy Hour 4:30 Dinner</p> <p>18</p>	<p>10:00 Dance with Maq 11:00 Word Games 11:30 Lunch 1:30 Talk with Duffy 3:00 Sensory Outings 4:30 Dinner</p> <p>19</p>	<p>10:00 Music with Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Watercolors 2:30 Fun with Amy 3:30 Happy Hour 4:30 Dinner</p> <p>20</p>	<p>8:30 Walk to End Alzheimer's - City Park 11:30 Lunch 2:00 Trivia Time 2:30 Guppy the Puppy 3:00 Live Music Saturdays 4:30 Monarch Family & Resident Monthly Dinner</p> <p>21</p>
<p>10:00 Dance with Maq 10:30 Lunch 1:30 Cooking with Maq 3:00 Fruit Smoothies 4:30 Dinner</p> <p>22</p>	<p>10:00 50's Music/Exercise 11:00 Word Games 11:30 Lunch 1:30 Name that Tune! 2:15 Piano with Christopher 3:30 Happy Hour 4:30 Dinner</p> <p>23</p>	<p>10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Trivia Time 2:15 Travel Tuesdays 3:00 Family Council 4:30 Dinner</p> <p>24</p>	<p>10:00 70's Music/Exercise 11:00 Boxing with Bret 11:30 Lunch 1:30 Musical Hangman 2:30 Yoga with Amelia 3:30 Piano with Ron 4:30 Dinner</p> <p>25</p>	<p>10:00 Dance with Maq 11:00 Word Games 11:30 Lunch 1:30 Talk with Duffy 2:30 Piano with Rory 4:30 Dinner</p> <p>26</p>	<p>10:00 Music with Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Watercolors 2:30 Fun with Amy 3:30 Happy Hour 4:30 Dinner</p> <p>27</p>	<p>10:00 Exercise with Meeshi 11:00 Spiritual Songs 11:30 Lunch 2:00 Trivia Time 2:30 Guppy the Puppy 3:00 Live Music Saturdays 4:30 Dinner</p> <p>28</p>
<p>10:00 Dance with Maq 10:30 Lunch 1:30 Cooking with Maq 3:00 Fruit Smoothies 4:30 Dinner</p> <p>29</p>	<p>10:00 Blue Goose Farm 11:30 Lunch 1:30 Name that Tune! 2:15 Painting with Maq 3:00 Cake Crumbs 4:30 Dinner</p> <p>30</p>					