

ROSEMARK OCTOBER 2024 MONARCH HOUSE TUE **WED** THU



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			10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Fun with Duffy 2:00 Halloween Crafts 3:00 Purple Art 4:30 Dinner	10:00 70's Music/Exercise 11:00 Boxing with Bret 11:30 Lunch 1:30 Fun with Duffy 2:30 Garden with Amelia 3:30 Music: Chuck Fisher 4:30 Dinner	10:00 Dance with Maq 11:00 Brain Games w/Duffy 11:30 Lunch 1:30 Fun with Duffy 3:00 Games with Maq 4:30 Dinner	10:00 Music w/Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Fun with Duffy 2:30 Piano with Sarah 3:30 Aloha Happy Hour 4:30 Dinner	10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Creative Storytelling 2:30 Guppy the Puppy 3:00 Henry the Fiddler 4:30 Dinner
	10:00 Morning Walk 11:00 Stretch with Maq 11:30 Lunch 1:30 Rest & Relaxation 3:30 Bingo 4:30 Dinner	10:00 50's Music/Exercise 11:00 Yoga with Caryn 11:30 Lunch 1:30 Fun with Duffy 2:15 Nature Talk 3:00 Monarch Bus Outing 4:30 Dinner	10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:00 Pumpkin Patch Trip 3:00 Piano with Chris 4:30 Dinner	10:00 70's Music/Exercise 11:00 Boxing with Bret 11:30 Lunch 1:30 Fun with Duffy 2:30 Yoga with Amelia 3:15 Oktoberfest Party 4:30 Dinner	10:00 Dance with Maq 11:00 Brain Games w/Duffy 11:30 Lunch 1:30 Fun with Duffy 2:30 Pumpkin Painting 4:30 Dinner	10:00 Music w/Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Fun with Duffy 2:30 Jewish High Holidays 3:30 Aloha Happy Hour 4:30 Dinner	10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Creative Storytelling 2:30 Guppy the Puppy 3:00 Music: Ethan Hall 4:30 Dinner
	10:00 Morning Walk 11:00 Stretch with Maq 11:30 Lunch 2:00 Broncos Watch Party 3:30 Bingo 4:30 Dinner	10:00 50's Music/Exercise 11:00 Word Games 11:30 Lunch 1:30 Fun with Duffy 2:15 Nature Talk 3:30 Happy Hour 4:30 Dinner	10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Fun with Duffy 2:15 Travel Tuesdays 3:00 Purple Art 4:30 Dinner	10:00 70's Music/Exercise 11:00 Boxing with Bret 11:30 Lunch 1:30 Fun with Duffy 2:30 Piano with Chris 3:30 Village BelMar Visit 4:30 Dinner	10:00 Dance with Maq 11:00 Brain Games w/Duffy 11:30 Lunch 1:30 Fun with Duffy 3:00 Games with Duffy 4:30 Dinner	10:00 Music w/Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Fun with Duffy 2:30 Piano with Sarah 3:30 Aloha Happy Hour 4:30 Dinner	10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Creative Storytelling 2:30 Guppy the Puppy 3:00 Music: Scott Hackler 4:30 Dinner
	10:00 Name that Tune! 11:00 Stretch with Maq 10:30 Lunch 1:00 Afternoon Walk 3:30 Bingo 4:30 Dinner	10:00 50's Music/Exercise 11:00 Yoga with Caryn 11:30 Lunch 1:30 Fun with Duffy 2:15 Nature Talk 3:00 Monarch Bus Outing 4:30 Dinner	10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Fun with Duffy 2:15 Travel Tuesdays 3:00 Halloween Crafts 4:30 Dinner	10:00 70's Music/Exercise 11:00 Boxing with Bret 11:30 Lunch 1:30 Fun with Duffy 2:30 Garden with Amelia 3:30 Music: Pete Vrazity 4:30 Dinner	10:00 Chair Dance 11:00 Word Games 11:30 Lunch 1:30 My Life Story 2:30 Piano with Rory 4:30 Dinner	10:00 Music w/Kiemel 11:00 Tai Chi with Kelly 11:30 Lunch 1:30 Fun with Duffy 2:30 Trivia with Amy 3:30 Aloha Happy Hour 4:30 Dinner	10:00 Exercise with Meeshi 11:00 Songs for the Spirit 11:30 Lunch 2:00 Creative Storytelling 2:30 Guppy the Puppy 3:00 Music: Ethan Hall 4:30 Dinner
	10:00 Name that Tune! 11:00 Stretch with Maq 10:30 Lunch 1:00 Afternoon Walk 2:00 Broncos Watch Party 3:30 Bingo 4:30 Dinner	10:00 Blue Goose Farm 11:00 Word Games 11:30 Lunch 1:30 Fun with Duffy 2:15 Nature Talk 3:30 Happy Hour 4:30 Dinner	10:00 60's Music/Exercise 11:00 Brain Games 11:30 Lunch 1:30 Fun with Duffy 2:15 Travel Tuesdays 3:00 Family Council 4:30 Dinner	10:00 70's Music/Exercise 11:00 Boxing with Bret 11:30 Lunch 1:30 Fun with Duffy 2:30 Yoga with Amelia 3:30 Music: Ron Koiner 4:30 Dinner	10:00 Dance with Maq 11:00 Brain Games w/Duffy 11:30 Lunch 1:30 Fun with Duffy 3:00 Halloween Party 3:30 Costume Contest 4:30 Dinner		