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ASSISTED LIVING

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|--|---|---|--|---|--|---|
| | | <p>10:00 Purple Art 11:00 Resident Council 1:00 Movie 2:15 Craft: Fall Pumpkin Decorations 3:30 Bingo</p> | <p>10:00 Coffee Chat 11:00 Boxing with Bret & Tripp (FF) 1:00 Movie 2:00 Cooking Demo: Deviled Strawberries 3:30 Musical Entertainment: Chuck Fisher</p> | <p>10:00 Morning Walk 11:00 Stretching with Maq 1:00 Documentary 2:30 Name That Tune 3:00 Lecture w/ Dan Hudak</p> | <p>10:00 Music Therapy with Kimmel 11:00 Tai Chi with Kelly 1:00 TED Talk 2:00 Dance with Meeshi 2:30 Bingo 3:30 Happy Hour</p> | <p>10:00 Exercise with Meeshi 11:00 TV Show: Seinfeld 2:00 Scabble 3:00 Musical Entertainment: Henry the Fiddler 4:00 Trivia with Meeshi</p> |
| <p>10:00 Morning Walk 11:00 Stretching with Maq 1:00 TV Show: Reba 2:00 Card Games 3:30 Bingo</p> | <p>10:00 Coffee Talk with Maq 11:00 Chair Yoga with Maq 1:00 Movie 2:00 Book Club 2:30 Learn to Play Rummikub 3:30 Happy Hour</p> | <p>10:00 Cooking Demo: Apple Cider 11:00 Strength Training with Maq 1:00 Outing: Pumpkin Patch 3:30 Musical Entertainment with Chris Conway</p> | <p>10:00 Morning Walk 11:00 Boxing with Bret & Tripp (FF) 1:00 Documentary 1:45 Sipping and Painting 3:00 Oktoberfest Happy Hour 3:30 Musical Entertainment</p> | <p>10:00 Coffee Talk 11:00 Strength Training with Maq 1:00 TED Talk 2:00 Lemonade Tasting 2:30 Craft: Painting Pumpkins 2:30 Musical Entertainment: Rory</p> | <p>10:00 Music Therapy with Kimmel 11:00 Tai Chi with Kelly 1:00 Movie 2:00 Dance with Meeshi 2:30 High Holy Day Service 2:15 Bingo 3:30 Happy Hour</p> | <p>10:00 Exercise with Meeshi 11:00 TV Show: Seinfeld 2:00 Scrabble 3:00 Musical Entertainment :Ethan 4:00 Trivia with Meeshi</p> |
| <p>10:00 Morning Walk 11:00 Strength Training with Maq 1:00 TV Show: Reba 2:00 Broncos Watch Party 3:30 Bingo</p> | <p>10:00 Coffee Chat 11:00 Chair Yoga 1:00 Movie 2:00 Book Club 2:30 Rummikub 3:30 Happy Hour</p> | <p>10:00 Morning Walk 11:00 Chair Yoga 1:00 TED Talk 2:00 Craft: Fall Wreaths 2:45 Cooking Demo: Jalapeno Poppers 3:30 Bingo</p> | <p>10:00 Coffee Chat 11:00 Boxing with Bret & Tripp (FF) 1:00 Documentary 2:30 Musical Entertainment: Chris Conroy 3:30 Happy Hour</p> | <p>10:00 Morning Walk 11:00 Stretching with Maq 1:00 Shopping Outing: King Supers 2:30 Sipping and Painting 3:00 Seated Massage 3:30 Cooking Demo</p> | <p>10:00 Music Therapy with Kimmel 11:00 Tai Chi with Kelly 1:00 Movie 2:00 Dance with Meeshi 2:30 Bingo 3:30 Happy Hour</p> | <p>10:00 Exercise with Meeshi 11:00 TV Show: Seinfeld 2:00 Scrabble 3:00 Musical Entertainment: Scott Hackler 4:00 Trivia with Meeshi</p> |
| <p>10:00 TV Show: Reba 11:00 Chair Yoga with Maq 1:00 Afternoon Walk 2:00 Boardgames 3:30 Bingo</p> | <p>10:00 Coffee Chat 11:00 Strength Training with Maq 1:00 TED Talk 2:00 Book Club 2:30 Learn to Play Rummikub 3:30 Happy Hour</p> | <p>10:00 Curious Dragonfly 11:00 Strength Training with Maq 1:00 Afternoon Walk 1:45 Outing: Tattered Cover Book Store 3:30 Bingo</p> | <p>10:00 Coffee Chat 11:00 Boxing with Bret & Tripp (FF) 1:00 TED Talk 2:00 Name that Tune 3:30 Happy Hour 3:30 Musical Entertainment: Pete Vrazsity</p> | <p>10:00 Movie 11:00 Stretching with Maq 1:00 Afternoon Walk 2:00 History of Presidential Campaigns 2:30 Musical Entertainment: Rory</p> | <p>10:00 Music Therapy with Kimmel 11:00 Tai Chi with Kelly 1:00 TED Talk 2:00 Dance with Meeshi 2:30 Bingo 3:30 Happy Hour</p> | <p>10:00 Exercise with Meeshi 11:00 TV Show: Seinfeld 2:00 Srabble 3:00 Musical Entertainment: Ethan 4:00 Trivia with Meeshi</p> |
| <p>10:00 TV Show: Reba 11:00 Stretching with Maq 1:00 Afternoon Walk 2:00 Broncos Watch Party 3:30 Bingo</p> | <p>10:00 Blue Goose Farm 11:00 Chair Yoga with Maq 1:00 Documentary 2:00 Book Club 2:30 Rummikub 3:30 Happy Hour</p> | <p>10:00 Coffee Chat 11:00 Stretching with Maq 1:00 Movie 2:00 Sipping and Painting 2:30 Cooking Demo 3:30 Bingo</p> | <p>10:00 Movie 11:00 Boxing with Bret & Tripp (FF) 1:00 Afternoon walk 2:15 Cooking Demo: Brownies 3:30 Musical Entertainment Ron Koiner</p> | <p>10:00 Coffee Chat 11:00 Strength Training with Maq 1:00 Shopping Outing: Target 3:00 Halloween Happy Hour 3:30 Musical Entertainment and Costume Contest 3:30 Staff Costume Contest</p> | | |