



# ROSEMARK

AT MAYFAIR PARK



# APRIL

MONARCH HOUSE

# 2024



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	<p><b>10:00</b> 50's Music/Exercise <b>1</b></p> <p><b>11:00</b> Yoga with Caryn</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Reminisce This</p> <p><b>3:00</b> Scenic Drive</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 60's Music/Exercise <b>2</b></p> <p><b>11:00</b> Rhythms of the World</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxations</p> <p><b>2:00</b> Favorite Recipes</p> <p><b>3:00</b> Purple Art Boulder</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 70's Music/Exercise <b>3</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Outdoor Walk</p> <p><b>2:30</b> E-Z Baking w/Chef</p> <p><b>3:30</b> Comedy Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Move with Shayna <b>4</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Active Games</p> <p><b>3:00</b> Sensory Outings</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Morning Exercise <b>5</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Creative Storytime</p> <p><b>3:00</b> Fun with Amy</p> <p><b>3:30</b> Aloha Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Morning Exercise <b>6</b></p> <p><b>11:00</b> Spiritual Songs</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> E-Z Trivia</p> <p><b>3:00</b> Music w/Jim &amp; Friends</p> <p><b>4:30</b> Dinner</p>
<p><b>10:00</b> Move with Shayna <b>7</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Outdoor Walk</p> <p><b>3:00</b> Watercolors</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 50's Music/Exercise <b>8</b></p> <p><b>11:00</b> Yoga with Caryn</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Reminisce This</p> <p><b>3:00</b> City Park</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 60's Music/Exercise <b>9</b></p> <p><b>11:00</b> Rhythms of the World</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxations</p> <p><b>2:00</b> Cooking Demo w/Chef</p> <p><b>3:00</b> Active Games</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 70's Music/Exercise <b>10</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Outdoor Walk</p> <p><b>3:30</b> Eclipse Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Move with Shayna <b>11</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Active Games</p> <p><b>3:00</b> Piano with Rory</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Guitar with Kiemel <b>12</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Art History w/Katie</p> <p><b>3:00</b> Fun with Amy</p> <p><b>3:30</b> Aloha Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Morning Exercise <b>13</b></p> <p><b>11:00</b> Spiritual Songs</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> E-Z Trivia</p> <p><b>3:00</b> Piano w/Ethan Hall</p> <p><b>4:30</b> Dinner</p>
<p><b>10:00</b> Move with Shayna <b>14</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Outdoor Walk</p> <p><b>3:00</b> Watercolors</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 50's Music/Exercise <b>15</b></p> <p><b>11:00</b> Yoga with Caryn</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Reminisce This</p> <p><b>3:00</b> Hilltop Visit</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Curious Dragonfly <b>16</b></p> <p><b>11:00</b> Rhythms of the World</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxations</p> <p><b>2:00</b> Favorite Recipes</p> <p><b>3:00</b> Purple Art Boulder</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Painting with Polly <b>17</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Outdoor Walk</p> <p><b>2:30</b> IE-Z Baking w/Chef</p> <p><b>3:30</b> Chaplin Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Move with Shayna <b>18</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Active Games</p> <p><b>3:00</b> Sensory Outings</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Morning Exercise <b>19</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Creative Storytime</p> <p><b>3:00</b> Fun with Amy</p> <p><b>3:30</b> Passover Seder</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Morning Exercise <b>20</b></p> <p><b>11:00</b> Spiritual Songs</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> E-Z Trivia</p> <p><b>3:00</b> Music w/Jim &amp; Friends</p> <p><b>4:30</b> Dinner</p>
<p><b>10:00</b> Move with Shayna <b>21</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Outdoor Walk</p> <p><b>3:00</b> Watercolors</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Blue Goose Farm <b>22</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Reminisce This</p> <p><b>3:00</b> Cake Crumbs Outing</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 60's Music/Exercise <b>23</b></p> <p><b>11:00</b> Rhythms of the World</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxations</p> <p><b>2:00</b> Favorite Recipes</p> <p><b>3:00</b> Active Games</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 70's Music/Exercise <b>24</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Family Council</p> <p><b>3:30</b> Piano Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Move with Shayna <b>25</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Active Games</p> <p><b>3:00</b> Piano with Rory</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Guitar with Kiemel <b>26</b></p> <p><b>11:00</b> Word Games</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Art History w/Katie</p> <p><b>3:00</b> Fun with Amy</p> <p><b>3:30</b> Aloha Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> Morning Exercise <b>27</b></p> <p><b>11:00</b> Spiritual Songs</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Senior Snuggles</p> <p><b>3:00</b> Piano w/Ethan Hall</p> <p><b>4:30</b> Dinner</p>
<p><b>10:00</b> Move with Shayna <b>28</b></p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Outdoor Walk</p> <p><b>3:00</b> Watercolors</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 50's Music/Exercise <b>29</b></p> <p><b>11:00</b> Yoga with Caryn</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxation</p> <p><b>2:00</b> Reminisce This</p> <p><b>3:30</b> Birthday Happy Hour</p> <p><b>4:30</b> Dinner</p>	<p><b>10:00</b> 60's Music/Exercise <b>30</b></p> <p><b>11:00</b> Rhythms of the World</p> <p><b>11:30</b> Lunch</p> <p><b>1:00</b> Rest &amp; Relaxations</p> <p><b>2:00</b> Favorite Recipes</p> <p><b>3:00</b> History of Jazz</p> <p><b>4:30</b> Dinner</p>				