



ROSEMARK

AT MAYFAIR PARK



FEBRUARY 2024

MONARCH HOUSE

SUN MON TUE WED THU FRI SAT

				<p>10:00 Move with Shayna 1</p> <p>11:00 Seated Yoga</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Sensory Outings</p> <p>3:00 Active Games</p> <p>4:30 Dinner</p>	<p>10:00 Music with Kiemel 2</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Creative Storytelling</p> <p>3:00 Fun with Amy</p> <p>3:30 Aloha Happy Hour</p> <p>4:30 Dinner</p>	<p>10:00 Spiritual Songs 3</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Just Happy News</p> <p>3:00 Music w/Jim & Friends</p> <p>4:30 Dinner</p>
<p>10:00 Coffee Chat 4</p> <p>11:00 Morning Exercise</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Active Games</p> <p>3:30 B-I-N-G-O</p> <p>4:30 Dinner</p>	<p>10:00 40's Music Exercise 5</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Aromatherapy</p> <p>2:30 Alzheimer's Awareness</p> <p>3:30 Karaoke Happy Hour</p> <p>4:30 Dinner</p>	<p>10:00 50's Music Exercise 6</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Art Class</p> <p>3:00 Piano w/Christopher</p> <p>4:30 Dinner</p>	<p>10:00 60's Music Exercise 7</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Around the World</p> <p>3:30 Mardi Gras w/Music</p> <p>4:30 Dinner</p>	<p>10:00 Move with Shayna 8</p> <p>11:00 Seated Yoga</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Art Class</p> <p>3:00 Piano with Rory</p> <p>4:30 Dinner</p>	<p>10:00 Music with Kiemel 9</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Creative Storytelling</p> <p>3:00 Fun with Amy</p> <p>3:30 Aloha Happy Hour</p> <p>4:30 Dinner</p>	<p>10:00 Spiritual Songs 10</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Just Happy News</p> <p>3:00 Music with Ethan Hall</p> <p>4:30 Dinner</p>
<p>10:00 Coffee Chat 11</p> <p>11:00 Morning Exercise</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Active Games</p> <p>3:00 Superbowl Social</p> <p>4:30 Dinner</p>	<p>10:00 40's Music Exercise 12</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Aromatherapy</p> <p>3:30 Lunar New Year</p> <p>4:30 Dinner</p>	<p>10:00 50's Music Exercise 13</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Art Class</p> <p>3:00 Purple Art Boulder</p> <p>4:30 Dinner</p>	<p>10:00 60's Music Exercise 14</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Around the World</p> <p>3:30 Valentine's Happy Hr</p> <p>4:30 Dinner</p>	<p>10:00 Move with Shayna 15</p> <p>11:00 Seated Yoga</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Sensory Outings</p> <p>3:00 Active Games</p> <p>4:30 Dinner</p>	<p>10:00 Music with Kiemel 16</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Creative Storytelling</p> <p>3:00 Fun with Amy</p> <p>3:30 Aloha Happy Hour</p> <p>4:30 Dinner</p>	<p>10:00 Spiritual Songs 17</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Just Happy News</p> <p>3:00 Music w/Jim & Friends</p> <p>4:30 Dinner</p>
<p>10:00 Coffee Chat 18</p> <p>11:00 Morning Exercise</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Active Games</p> <p>3:30 B-I-N-G-O</p> <p>4:30 Dinner</p>	<p>10:00 40's Music Exercise 19</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Aromatherapy</p> <p>3:30 Lady Liberty Happy Hour</p> <p>4:30 Dinner</p>	<p>10:00 50's Music Exercise 20</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Art Class</p> <p>3:00 Piano w/Christopher</p> <p>4:30 Dinner</p>	<p>10:00 60's Music Exercise 21</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Around the World</p> <p>3:30 Margarita Happy Hr</p> <p>4:30 Dinner</p>	<p>10:00 Move with Shayna 22</p> <p>11:00 Seated Yoga</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Art Class</p> <p>3:00 Piano with Rory</p> <p>4:30 Dinner</p>	<p>10:00 70's Soft Rock & Vitals 23</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Creative Storytelling</p> <p>3:00 Fun with Amy</p> <p>3:30 Aloha Happy Hour</p> <p>4:30 Dinner</p>	<p>10:00 Spiritual Songs 24</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Just Happy News</p> <p>3:00 Music with Ethan Hall</p> <p>4:30 Dinner</p>
<p>10:00 Coffee Chat 25</p> <p>11:00 Morning Exercise</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Active Games</p> <p>3:30 B-I-N-G-O</p> <p>4:30 Dinner</p>	<p>10:00 40's Music Exercise 26</p> <p>11:00 Word Games</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Aromatherapy</p> <p>3:30 Birthday Happy Hour</p> <p>4:30 Dinner</p>	<p>10:00 Curious Dragonfly 27</p> <p>11:00 Dance with Meeshi</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Art Class</p> <p>3:00 Purple Art Boulder</p> <p>4:30 Dinner</p>	<p>10:00 Blue Goose Farm 28</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>2:00 Family Council</p> <p>3:30 Think & Drink</p> <p>4:30 Dinner</p>	<p>10:00 Move with Shayna 29</p> <p>11:00 Seated Yoga</p> <p>11:30 Lunch</p> <p>1:00 Rest & Relaxation</p> <p>1:30 Art Class</p> <p>3:00 Leap Day Social</p> <p>4:30 Dinner</p>		

