

September 2023

Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Dining Room Meal Hours Breakfast: 7:30am Lunch: 11:30pm Dinner: 4:30pm	- Art - Cognitive - Emotional - Entertainment - Outing - Physical - Social - Spiritual				9:00 Beacon of Light 10:00 Drumming Exercise 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Happy Hour 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Seated Weights 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie
8:30 Church Service 9:00 Beacon of Light 10:00 Kickball 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie	- AD Labor Day 9:00 Beacon of Light 10:00 Reminiscing 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:00 Outdoor Games 3:30 Happy Hour 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Chair Aerobics 11:00 Today In History 1:30 Afternoon Walk 1:30 Tic Tac Toe 2:00 Beacon of Light 2:00 Cooking with Keith-Pizza 2:30 Art Class 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Balloon Volleyball 10:30 Scenic Drive 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Happy Hour 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Drumming Exercise 10:30 Memory Matching 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Seated Weights 11:00 Charades 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Happy Hour & Music with Rick! 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Kickball 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie
8:30 Church Service 9:00 Beacon of Light 10:00 Reminiscing 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Chair Aerobics 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Happy Hour 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Balloon Volleyball 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Reminiscing 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Drumming Exercise 10:30 Scenic Drive 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Happy Hour with James Kellerman 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Seated Weights 10:00 Spreading Joy in the Community 11:00 Daily Chronicles 1:30 Actors Flash Cards 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Kickball 10:30 Memory Matching 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Rosh Hashana Apple Taste Test 3:30 Happy Hour 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Reminiscing 11:00 Charades 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie
8:30 Church Service 9:00 Beacon of Light 10:00 Chair Aerobics 11:00 Today In History 1:30 Afternoon Walk 1:30 Tic Tac Toe 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Balloon Volleyball 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:00 National Rice Krispies day! 2:30 Art Class 3:30 Happy Hour 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Drumming Exercise 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Reminiscing 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Seated Weights 10:30 Scenic Drive 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Happy Hour 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Kickball 11:00 Today In History 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Reminiscing 11:00 Daily Chronicles 1:30 Afternoon Walk 2:00 Beacon of Light 2:30 Art Class 3:30 Fall Party with The Silver Circuit Music performance 5:30 After Dinner Movie	9:00 Beacon of Light 10:00 Chair Aerobics 10:30 Memory Matching 11:00 Today In History 1:30 Afternoon Walk 1:30 Tic Tac Toe 2:00 Beacon of Light 2:30 Art Class 5:30 After Dinner Movie
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