

## **Trellis Memory Support™ Program**

Using our LEAF philosophy, Rosemark Trellis Memory Support™ program celebrates the whole person and his or her potential for growth and engagement. Rather than focusing on the limitations of people living with Alzheimer's and dementia, we highlight the possibilities, always striving to help our residents live to the fullest. Families can preserve cherished relationships by removing the worries of caregiving.

### **Program Highlights**

#### ***Professional Training***

Advanced training in highly effective programs ensures the best possible resident environment. Our validation techniques support dignified relationships and encourage interaction.

#### ***Personalized Approach***

We know each person's physical, social and psychological history to celebrate strengths and anticipate needs. Our individualized care plans ease transitions through the disease process.

#### ***Personalized Music***

We provide the songs and experiences that signal belonging.

#### ***Holistic Approach***

Our whole-body approach helps families and residents understand the physical changes that accompany dementia.

#### ***Pain Management***

The inability to communicate pain is often an underlying complication. We maintain a watchful eye for discomfort.

### **Unique Features**

#### ***Excellent Staff-to-Resident Ratios***

Dedicated staff and careful scheduling ensure familiar faces and warm relationships with care partners.

#### ***Gardens***

Secure paths, planting beds and a fountain encourage exploration. Residents can reconnect with the pleasures of gardening, hanging laundry and gathering vegetables.

#### ***Personal Wellness Monitoring***

A discrete 24-7 alert system notifies staff to possible concerns while preserving residents' dignity.

#### ***Inviting Community Spaces***

33,000 square feet of thoughtfully designed gathering spots create places to meet friends and family.

#### ***Onsite Fitness & Health***

Our fitness center includes a physical therapy component. A visiting physician clinic helps maintain health and well-being without having to leave home.

#### ***Relaxation Nook***

A relaxation room provides a soothing and comforting environment.