

## Arbor Assisted Living™ Program

Rosemark Arbor Assisted Living™ program is exactly what you want it to be. You're in charge! Be among the first to move in and create the community you want. Help guide our team in collaboratively building a neighborhood to fit the specific interests and desires of residents. Using our LEAF philosophy, we've carefully designed enriching spaces to support your amazing potential to *Never Stop Blooming™*.

### Program Highlights

#### **Creativity**

We value creative expression, be it in the art studio or in the workshop. Re-engage with a past passion or discover a new one. Learn from others or share your expertise by leading a class. Explore gardening, woodworking, international languages, art, travel experiences and walking clubs.

#### **Personalized Care**

An integrated care model coordinates services to create a personalized plan for success. Physicians, therapists, nurses, life enrichment programs and home healthcare all work together to ensure whole-person wellness.

#### **Wellness**

Ongoing health evaluations guide current and effective wellness planning. Rosemark's therapy and fitness center focuses on strength building, balance and fall prevention.

#### **Nature**

Our assisted living program embraces a connection with the outdoors. With gardens, secure walking paths and nearby Mayfair Park, you can expect an abundance of fresh air and sunshine.

### Unique Features

#### **Gardens**

Indoor and outdoor gardening areas, lush flowerbeds, walking paths, comfortable seating and a fountain link you with nature all year long.

#### **Atrium Dining Room**

Our soaring central dining hall opens to a beautiful patio and courtyard.

#### **Library Loft & Media Center**

Discover this place for quiet reading, continuing your intellectual development and connecting with family members using the latest technology.

#### **Inviting Community Spaces**

33,000 square feet of thoughtfully designed gathering spots create a warm atmosphere for friends and family to mingle. Visit the comfortable bistro lounge for a casual chat. Check out the theater and TV room for enjoying your favorite movies or watching the big game.

#### **Onsite Fitness & Health**

Our fitness center includes a physical therapy component. A visiting physician clinic helps maintain health and well-being without having to leave home.