

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00 Discuss the News (IR) <b>1</b> 10:00 Drawing with Pegi (S) 1:00 Table Games (IR) 2:00 Fitness with Carolina (FF) 2:15 One on One with LEAF 3:00 New Resident Social with Hors d'oeuvres (B) 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie (MT)	<b>Ground Hog Day 2</b> 9:00 Discuss the News (B) 10:00 Mini-Manicures (S) 1:00 Adult Coloring (S) 1:45 News Currents Sr (MT) 3:00 Happy Hour and Live Music with Lynn Roberts(B) 6:30 Saturday Night Movie (MT)
9:00 Discuss the News (IR) <b>3</b> 9:45 Christ the King (O) 10:45 PH Methodist (O) 11:00 Fellowship Worship (IR) 1:30 Bingo (B) 3:00 Happy Hour (B) 4:30 Super Bowl LIII (B) 6:30 Sunday Night Movie (MT)	9:30 Discuss the News (IR) <b>4</b> 10:00 Shopping at Safeway (C) 1:00 Watercolor your World (S) 2:00 Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Skip Bo Card Game (IR) 6:30 Musical Movie (MT)	<b>Chinese New Year 5</b> 9:00 Discuss the News (IR) 9:30 Dance Therapy (FF) 10:30 Chinese New Year Discussion (IR) 10:30 Catholic Rosary (MH) 11:00 Chinese Themed Lunch 1:00 Chinese New Year Discussion (IR) 2:00 Balloon Volleyball (FF) 2:45 Flower Arranging (B) 3:15 Chinese Dominoes Game (IR) 6:30 Drama Movie (MT)	9:00 Discuss the News (IR) <b>6</b> 10:00 Hammond's Candy Factory (O) 1:00 Chinese New Year Puzzles (IR) 2:00 Tai Chi with Carolina (FF) 2:45 TED talk (IR) 3:15 Scrabble (IR) 3:30 Nail Care (S) 6:30 Documentary Movie (MT)	9:00 Discuss the News (IR) <b>7</b> 10:00 Yoga with Ashley (MH) 11:00 Bingo (B) 1:00 Craft: Chinese Lantern (S) 2:00 Group Fitness Class (FF) 2:30 Resident Council (MH) 3:15 Dominos (IR) 6:30 Drama Movie (MT)	9:00 Discuss the News (IR) <b>8</b> 10:00 Drawing with Pegi (S) 1:00 News Currents Sr (MT) 2:00 Fitness with Carolina (FF) 2:15 One on One with LEAF 3:00 Happy Hour (B) 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie (MT)	9:00 Discuss the News (B) <b>9</b> 10:00 Mini-Manicures (S) 1:00 Adult Coloring (S) 1:45 Table Games (IR) 3:00 Happy Hour (B) 6:30 Saturday Night Movie (MT)
9:00 Discuss the News (IR) <b>10</b> 9:45 Christ the King (O) 10:15 Hymns Singing (IR) 10:45 PH Methodist (O) 1:30 Bingo (B) 3:00 Happy Hour (B) 6:30 Sunday Night Movie (MT)	9:30 Discuss the News (IR) <b>11</b> 10:00 Shopping at Target (C) 1:00 Watercolor your World (S) 2:00 Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Skip Bo Card Game (MH) 6:30 Musical Movie (MT)	9:00 Discuss the News (IR) <b>12</b> 9:30 Coffee Chat 10:00 What Am I? (IR) 11:00 Music at Noon: East High School Honors Choir (O) 12:30 Aquatics Class (O) 1:00 Dance Therapy (FF) 2:00 Group Fitness Class (FF) 2:45 Flower Arranging (B) 3:15 King's Corner Card Game (IR) 6:30 Drama Movie (MT)	9:00 Discuss the News (IR) <b>13</b> 10:00 Valentine's Day Puzzles (IR) 11:00 Adult Coloring (S) 1:00 Valentine Notecard Class (S) 2:00 Tai Chi with Carolina (FF) 2:00 Live Concert with Trey Taylor (B) 6:30 Documentary Movie (MT)	<b>Valentine's Day 14</b> 8:00 Boys and Bran Flakes (PDR) 9:00 Discuss the News (IR) 10:00 Active Minds: Lebanon (MH) 12:00 Valentine Dessert Buffet (B) 12:30 Aquatics Class (O) 1:00 Craft: Beaded Heart Suncatcher (S) 2:00 Cardio Drums (FF) 2:30 Live Music with El Javi (B) 3:30 Dominoes (IR) 4:00 Valentines Themed Dinner 6:30 Drama Movie (MT)	9:00 Discuss the News (IR) <b>15</b> 10:00 Drawing with Pegi (S) 1:00 News Currents Sr (MT) 2:00 Fitness with Carolina (FF) 2:15 One on One with LEAF 3:00 Happy Hour (B) 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie (MT)	9:00 Discuss the News (B) <b>16</b> 10:00 Mini-Manicures (S) 1:00 Adult Coloring (S) 1:45 Table Games (IR) 3:00 Happy Hour (B) 6:30 Saturday Night Movie (MT)
9:00 Discuss the News (IR) <b>17</b> 9:45 Christ the King (O) 10:45 PH Methodist (O) 11:00 Fellowship Worship (IR) 1:30 Bingo (B) 3:00 Happy Hour (B) 6:30 Sunday Night Movie (MT)	<b>President's Day 18</b> 9:30 Discuss the News (IR) 10:00 Shopping at Tattered Cover (C) 1:00 Watercolor your World (S) 2:00 Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 SingFit Music (MH) 6:30 Musical Movie (MT)	9:00 Discuss the News (IR) <b>19</b> 9:30 Dance Therapy (FF) 10:30 Catholic Rosary (MH) 12:30 Aquatics Class (O) 12:45 First Ladies Who Am I? (IR) 1:15 Chef Chat (MH) 2:00 Group Fitness Class (FF) 2:45 Flower Arranging (B) 3:15 King's Corner Card Game (IR) 6:30 Drama Movie (MT)	<b>Claire's Birthday 20</b> 9:00 Discuss the News (IR) 10:00 Clyfford Still Museum (O) 1:00 Presidents Trivia (IR) 2:00 Tai Chi with Carolina (FF) 2:45 TED Talk (IR) 3:30 Scrabble (IR) 3:30 Nail Care (S) 6:30 Documentary Movie (MT)	9:00 Discuss the News (IR) <b>21</b> 10:00 Yoga with Ingrid (MH) 11:00 Bingo (B) 12:30 Aquatics Class (O) 1:00 Craft: Lincoln Penny Bookmark (S) 2:00 Balloon Volleyball (FF) 2:30 LEAF Activity Suggestion Meeting (IR) 3:15 Dominos (IR) 6:30 Drama Movie (MT)	9:00 Discuss the News (IR) <b>22</b> 10:00 Drawing with Pegi (S) 11:00 Chocolates with Thelma (IR) 1:00 SingFit Music (MH) 2:00 Fitness with Carolina (FF) 2:15 One on One with LEAF 3:00 Happy Hour and Live Music with Dave Hidalgo (B) 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie (MT)	9:00 Discuss the News (B) <b>23</b> 10:00 Mini-Manicures (S) 1:00 Adult Coloring (S) 1:45 News Currents Sr (MT) 3:00 Happy Hour (B) 6:30 Saturday Night Movie (MT)
<b>Eleanor's Birthday 24</b> 9:00 Discuss the News (IR) 9:45 Christ the King (O) 10:15 Hymns Singing (MH) 10:45 PH Methodist (O) 1:30 Bingo (B) 3:00 Happy Hour (B) 6:30 Sunday Night Movie (MT)	9:30 Discuss the News (IR) <b>25</b> 10:00 Shopping at Safeway (C) 1:00 Resident Speaker: Colonel Stevens (MH) 2:00 Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 SingFit Music (MH) 6:30 Musical Movie (MT)	9:00 Discuss the News (IR) <b>26</b> 9:30 Dance Therapy (FF) 10:15 Trivia (IR) 11:00 Adult Coloring (S) 12:30 Aquatics Class (O) 1:00 Flower Arranging (B) 2:00 Group Fitness Class (FF) 2:30 Coral Dawn Neighborhood Tea 3:15 King's Corner Card Game (IR) 6:30 Drama Movie (MT)	9:00 Discuss the News (IR) <b>27</b> 10:00 Denver Botanic Gardens (O) 1:00 Cranium Crunches (IR) 2:00 Tai Chi with Carolina (FF) 2:45 TED talk (IR) 3:15 Scrabble (IR) 6:30 Documentary Movie (MT)	9:00 Discuss the News (IR) <b>28</b> 10:00 Yoga with Ingrid (MH) 11:00 Bingo (B) 12:30 Aquatics Class (O) 1:00 Craft: Winter Window Bling (S) 2:00 Cardio Drums (FF) 2:30 You Be the Judge (IR) 3:15 Dominos (IR) 6:30 Drama Movie (MT)		



**ROSEMARK**  
— AT MAYFAIR PARK —

# Arbor Assisted Living™ *Activities*

**AC** Arbor Courtyard  
**MH** Mayfair Hall

**AD** Arbor Dining  
**MT** Marquee Theatre

**B** Bistro  
**O** Outing / **\$** Costs Money

**BB** Bud's Billiards  
**S** The Studio

**C** Concierge  
**SR** Sun Room

**CS** Create Space  
**TLR** Trellis Living Room

**FF** Flourish Fitness  
**TD** Trellis Dining

**IR** Ivy Room  
**W** The Workshop

**LB** Library