

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:15 Discuss the News (IR) 10:00 Yoga with Ingrid (MH) 12:30 Aquatics Class (O) 1:00 Brain Teasers (IR) 2:00 Kick Ball (FF) 2:30 Resident Council (MH) 3:30 Dominoes (IR)	1 9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:00 Card Games (IR) 2:00 Fitness with Carolina (FF) 3:00 Happy Hour (B) 6:00 Friday Night Movie (MM)	2 9:30 Music & Movement (FF) 10:30 Saturday Craft Hour (IR) 1:00 Mini-Manicures (S) 2:00 Loteria with Mayra (IR) 3:00 Happy Hour and Entertainment with Warren Floyd (B) 6:00 Saturday Night Movie (MT)
Burt's Birthday 9:30 Discuss the News (IR) 11:00 Fellowship Worship (IR) 1:30 Bingo (B) 3:00 Happy Hour Tailgate Party (B) 4:30 Super Bowl LII (B) 6:00 Sunday Night Movie (MT)	Cam's Birthday 9:15 Discuss the News (IR) 10:00 Shopping at Safeway(C) 10:00 Yoga with Ingrid (MH) 1:15 Brain Teasers (IR) 2:00 Silver Sneaker Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Crazy 8's (IR)	4 5 6 9:15 Discuss the News (IR) 10:00 Spouse Support Group (IR) 10:30 Catholic Rosary (MH) 12:30 Aquatics Class (O) 1:15 Scrabble Club (IR) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:30 King's Corner Card Game (IR)	7 9:15 Discuss the News (IR) 10:00 American Mountaineering Museum (O)\$ 1:15 Chef's Table (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:30 Dynamic Dexterity (S) 3:00 Skip Bo Card Game (IR) 6-8:00 Regis University Interviews (MH)	8 9:15 Discuss the News (IR) 10:00 Active Minds: India (MH) 10:15 Bessie's Hope – McAuliffe Middle School Visit (TD) 12:30 Aquatics Class (O) 1:00 Brain Teasers (IR) 2:00 Noodle Ball (FF) 2:30 Activity Planning Committee (MH) 3:30 Dominoes (IR)	9 9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:00 Card Games (IR) 2:00 Fitness with Carolina (FF) 3:00 Happy Hour (B) 4:30 Shabbat Beginnings (PDR) 6:00 Friday Night Movie (MM)	10 9:30 Music & Movement (FF) 10:30 Saturday Craft Hour (IR) 1:00 Mini-Manicures (S) 2:00 Bessie's Hope- St. Frances Center students (TD) 3:00 Happy Hour (B) 6:00 Saturday Night Movie (MT)
9:30 Discuss the News (IR) 11:00 Hymns Singing (IR) 1:30 Bingo (B) 3:00 Happy Hour (B) 3:30 New Orleans Jazz with David Wohl (B) 6:00 Sunday Night Movie (MT)	11 12 9:15 Discuss the News (IR) 10:00 Shopping at King Soopers (C) 11-1:00 Cajun Lunch & King's Cake (Dining Room) 1:15 Brain Teasers (IR) 2:00 Silver Sneaker Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Crazy 8's (IR)	13 Mardi Gras 9:15 Discuss the News (IR) 11:00 Opera Colorado Young Artists (O) 12:30 Aquatics Class (O) 1:15 Chef Chat (MH) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:30 Qwirkle Game (IR) 5:00 Adult Child & Friends Support Group (IR)	14 Valentine's Day 9:15 Discuss the News (IR) 10:00 Chocolates with Thelma (IR) 1:15 Brain Teasers (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 3:00 Sweets Table & Live Music with Natalie Ottobrinio (B)	15 9:15 Discuss the News (IR) 10:00 Yoga with Ingrid (MH) 12:30 Aquatics Class (O) 1:00 Brain Teasers (IR) 2:00 Kick Ball (FF) 3:00 Dominoes (IR)	16 Chinese New Year 9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:00 Card Games (IR) 2:00 Fitness with Carolina (FF) 3:00 Happy Hour (B) 4:30 Shabbat Beginnings (PDR) 6:00 Friday Night Movie (MM)	17 9:30 Music & Movement (FF) 10:30 Saturday Craft Hour (IR) 1:00 Mini-Manicures (S) 2:00 Loteria with Mayra (IR) 3:00 Happy Hour (B) 6:00 Saturday Night Movie (MT)
9:30 Discuss the News (IR) 11:00 Fellowship Worship (IR) 1:30 Bingo (B) 3:00 Happy Hour (B) 6:00 Sunday Night Movie (MT)	18 19 Dorothy's Birthday 9:15 Discuss the News (IR) 10:00 Shopping at Target (C) 1:15 Brain Teasers (IR) 2:00 Silver Sneaker Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Crazy 8's (IR)	20 Claire & Freddy & John's Birthday 9:15 Discuss the News (IR) 10:30 Catholic Rosary (MH) 12:30 Aquatics Class (O) 1:15 Brain Teasers (IR) 1:15 Scrabble Club (IR) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:30 King's Corner Card Game (IR)	21 9:15 Discuss the News (IR) 10:00 Denver Botanic Gardens (O)\$ 1:15 Brain Teasers (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:30 Dynamic Dexterity (S) 3:00 Skip Bo Card Game (IR)	22 9:15 Discuss the News (IR) 10:00 Yoga with Ingrid (MH) 12:30 Aquatics Class (O) 1:00 Brain Teasers (IR) 2:00 Kick Ball (FF) 3:00 Dominoes (IR)	23 9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:00 Card Games (IR) 2:00 Fitness with Carolina (FF) 3:00 Happy Hour (B) 4:30 Shabbat Beginnings (PDR) 6:00 Friday Night Movie (MM)	24 Eleanor's Birthday 9:30 Music & Movement (FF) 10:30 Saturday Craft Hour (IR) 1:00 Mini-Manicures (S) 2:00 Loteria with Mayra (IR) 3:00 Happy Hour (B) 6:00 Saturday Night Movie (MT)
9:30 Discuss the News (IR) 11:00 Hymns Singing (IR) 1:30 Bingo (B) 3:00 Happy Hour (B) 3:30 Lost Creek String Band (B) 6:00 Sunday Night Movie (MT)	25 26 9:15 Discuss the News (IR) 10:00 Shopping at Safeway (C) 1:15 Brain Teasers (IR) 2:00 Silver Sneaker Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Crazy 8's (IR)	27 9:15 Discuss the News (IR) 10:00 Book Club (IR) 12:30 Aquatics Class (O) 1:15 Scrabble Club (IR) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:00 February Birthday's Celebration (IR)	28 Purim Begins 9:15 Discuss the News (IR) 10:00 Denver Art Museum (O)\$ 1:15 Brain Teasers (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Celebrate Purim (B)			

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				9:30 Coffee and Chronicles 10:00 Yoga with Ingrid 11:00 February IQ 1:00 Craft Time 2:00 Bowling 2:45 Music and Snacks 3:15	1 Groundhog Day 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie	2 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 3:00 Happy Hour Entertainment with Warren Floyd 5:30 Saturday Night Movie
Super Bowl Sunday Burt's Birthday 9:30 Coffee and Chronicles 10:00 Mixing and Matching 11:00 Fellowship Worship 11:00 Super Bowl History/Facts 1:00 Travel to China 2:00 Noodle Ball 3:00 Happy Hour Tailgate Party 4:30 Super Bowl LII 5:30 Sunday Night Movie	4 9:30 Coffee and Chronicles 10:00 Music Therapy with Felice 11:00 Life Skills - Sorting 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge	5 9:30 Coffee and Chronicles 10:00 Spouse Support Group 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:45 Music and Snacks 3:15 Making Centerpieces	6 National Singing Day 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Karaoke 1:15 Chef's Table 2:00 Tai Chi with Carolina 2:45 Healthy Snacks 3:15 Adult Coloring 6-8:00 Regis University Interviews (MH)	7 9:30 Coffee and Chronicles 10:00 Bessie's Hope- McAuliffe Middle School Visit 11:00 Spelling Bee 1:00 Craft Time 2:00 Bowling 2:45 Music and Snacks 3:15 Jules Verne Inventions	8 Olympics Begin 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Olympics Facts and History 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie	9 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 2:00 Bessie's Hope- St Frances Center students 3:00 Happy Hour 5:30 Saturday Night Movie
9:30 Coffee and Chronicles 10:00 Hymns Singing 11:00 Mixing and Matching 1:00 Travel to Brazil 2:00 Balloon Volleyball 3:00 Happy Hour 3:30 New Orleans Jazz with David Wohl 5:30 Sunday Night Movie	11 9:30 Coffee and Chronicles 10:00 Sing-a-long Favorites 11:00 Life Skills - Matching 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge	12 Mardi Gras 9:30 Coffee and Chronicles 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:45 Music and Snacks 3:15 Making Centerpieces 5:00 Adult Children & Friends Support Group	13 Valentine's Day 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Jigsaw Puzzles 1:00 Heartstring Cards 2:00 Tai Chi with Carolina 2:45 Healthy Snacks 3:00 Sweets Table & Live Music with Natalie Ottobriano	14 9:30 Coffee and Chronicles 10:00 Yoga with Ingrid 11:00 National Hippo Day Discussion 1:00 Craft Time 2:00 Bowling 2:45 Music 3:15 Banana Boat Song/Snack	15 Chinese New Year 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie	16 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 3:00 Happy Hour 5:30 Saturday Night Movie
9:30 Coffee and Chronicles 10:00 Mixing and Matching 11:00 Fellowship Worship 1:00 Travel to Italy 2:00 Noodle Ball 3:00 Happy Hour 5:30 Sunday Night Movie	18 President's Day 9:30 Coffee and Chronicles 10:00 Music Therapy with Felice 11:00 Life Skills - Folding 1:00 Presidents History 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge	19 9:30 Coffee and Chronicles 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:45 Music and Snacks 3:15 Making Centerpieces	20 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Jigsaw Puzzles 1:00 Guess the Shadow Game 2:00 Tai Chi with Carolina 2:45 Healthy Snacks 3:15 Adult Coloring	21 9:30 Coffee and Chronicles 10:00 Yoga with Ingrid 11:00 Spelling Bee 1:00 Craft Time 2:00 Bowling 2:45 Music and Snacks 3:15 Celebrate Margarita Day	22 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie	23 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 3:00 Happy Hour 5:30 Saturday Night Movie
9:30 Coffee and Chronicles 10:00 Hymns Singing 11:00 Mixing and Matching 1:00 Travel to Kenya 2:00 Balloon Volleyball 3:00 Happy Hour 3:30 Lost Creek String Band 5:30 Sunday Night Movie	25 9:30 Coffee and Chronicles 10:00 Sing-a-long Favorites 11:00 Life Skills - 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge	26 9:30 Coffee and Chronicles 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:30 Making Centerpieces 3:00 February Birthday Celebration	27 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Jigsaw Puzzles 1:00 What Belongs Together 2:00 Tai Chi with Carolina 2:45 Celebrate Purim 3:15 Adult Coloring	28		