

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|---|--|---|
| | | | | 9:30 Coffee and Chronicles 10:00 Yoga with Ingrid 11:00 February IQ 1:00 Craft Time 2:00 Bowling 2:45 Music and Snacks 3:15 | 1 Groundhog Day 2 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie | 3 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 3:00 Happy Hour Entertainment with Warren Floyd 5:30 Saturday Night Movie |
| Super Bowl Sunday Burt's Birthday 4 9:30 Coffee and Chronicles 10:00 Mixing and Matching 11:00 Fellowship Worship 11:00 Super Bowl History/Facts 1:00 Travel to China 2:00 Noodle Ball 3:00 Happy Hour Tailgate Party 4:30 Super Bowl LII 5:30 Sunday Night Movie | 5 9:30 Coffee and Chronicles 10:00 Music Therapy with Felice 11:00 Life Skills - Sorting 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge | 6 9:30 Coffee and Chronicles 10:00 Spouse Support Group 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:45 Music and Snacks 3:15 Making Centerpieces | 7 National Singing Day 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Karaoke 1:15 Chef's Table 2:00 Tai Chi with Carolina 2:45 Healthy Snacks 3:15 Adult Coloring 6-8:00 Regis University Interviews (MH) | 8 9:30 Coffee and Chronicles 10:00 Bessie's Hope - McAuliffe Middle School Visit 11:00 Spelling Bee 1:00 Craft Time 2:00 Bowling 2:45 Music and Snacks 3:15 Jules Verne Inventions | 9 Olympics Begin 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Olympics Facts and History 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie | 10 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 2:00 Bessie's Hope - St Frances Center students 3:00 Happy Hour 5:30 Saturday Night Movie |
| 11 9:30 Coffee and Chronicles 10:00 Hymns Singing 11:00 Mixing and Matching 1:00 Travel to Brazil 2:00 Balloon Volleyball 3:00 Happy Hour 3:30 New Orleans Jazz with David Wohl 5:30 Sunday Night Movie | 12 9:30 Coffee and Chronicles 10:00 Sing-a-long Favorites 11:00 Life Skills - Matching 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge | 13 Mardi Gras 9:30 Coffee and Chronicles 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:45 Music and Snacks 3:15 Making Centerpieces 5:00 Adult Children & Friends Support Group | 14 Valentine's Day 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Jigsaw Puzzles 1:00 Heartstring Cards 2:00 Tai Chi with Carolina 2:45 Healthy Snacks 3:00 Sweets Table & Live Music with Natalie Ottobriano | 15 9:30 Coffee and Chronicles 10:00 Yoga with Ingrid 11:00 National Hippo Day Discussion 1:00 Craft Time 2:00 Bowling 2:45 Music 3:15 Banana Boat Song/Snack | 16 Chinese New Year 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie | 17 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 3:00 Happy Hour 5:30 Saturday Night Movie |
| 18 9:30 Coffee and Chronicles 10:00 Mixing and Matching 11:00 Fellowship Worship 1:00 Travel to Italy 2:00 Noodle Ball 3:00 Happy Hour 5:30 Sunday Night Movie | 19 President's Day 9:30 Coffee and Chronicles 10:00 Music Therapy with Felice 11:00 Life Skills - Folding 1:00 Presidents History 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge | 20 9:30 Coffee and Chronicles 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:45 Music and Snacks 3:15 Making Centerpieces | 21 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Jigsaw Puzzles 1:00 Guess the Shadow Game 2:00 Tai Chi with Carolina 2:45 Healthy Snacks 3:15 Adult Coloring | 22 9:30 Coffee and Chronicles 10:00 Yoga with Ingrid 11:00 Spelling Bee 1:00 Craft Time 2:00 Bowling 2:45 Music and Snacks 3:15 Celebrate Margarita Day | 23 9:30 Watercolor with Pegi 10:30 Scenic Drive 11:00 Karaoke 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 3:00 Happy Hour 5:30 Friday Night Movie | 24 9:30 Music and Movement 10:00 Bingo 11:00 Adult Coloring 1:00 Hand and Nail Care 3:00 Happy Hour 5:30 Saturday Night Movie |
| 25 9:30 Coffee and Chronicles 10:00 Hymns Singing 11:00 Mixing and Matching 1:00 Travel to Kenya 2:00 Balloon Volleyball 3:00 Happy Hour 3:30 Lost Creek String Band 5:30 Sunday Night Movie | 26 9:30 Coffee and Chronicles 10:00 Sing-a-long Favorites 11:00 Life Skills - 1:00 Sensory Stimulation 2:00 Silver Sneakers Fitness with Carolina 2:45 Healthy Snacks 3:15 Trivia Challenge | 27 9:30 Coffee and Chronicles 10:00 Craft Time 11:00 Read Out Loud Group 1:00 Picture Bingo 2:00 Fitness Fun 2:30 Making Centerpieces 3:00 February Birthday Celebration | 28 9:30 Coffee and Chronicles 10:00 Nia with Lora 11:00 Jigsaw Puzzles 1:00 What Belongs Together 2:00 Tai Chi with Carolina 2:45 Celebrate Purim 3:15 Adult Coloring | | | |