

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
										1	9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Card Games (BC) 3:30 Happy Hour 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie	2	9:30 Morning Documentary (MM) 10:00 Scenic Drive 1:30 Bingo (S) 3:30 Happy Hour (B) 6:30 Saturday Night Movie (MM)
3	9:15 Discuss the News (IR) 9:30 Church Bus (O) 10:45 Fellowship Gathering (IR) 11:00 Fellowship Worship (IR) 1:15 Bingo (S) 3:00 Happy Hour with Molly Kaufmann (B) 6:30 Sunday Night Movie (MM)	4	Labor Day 9:15 Discuss the News (IR) 10:00 YouTube: Rosie the Riveter (MM) 11:00 – 1:00 Family BBQ 1:30 Lawn Games (C) 3:00 Happy Hour (B)	5	9:15 Discuss the News (IR) 10:00 Gardening Club (C) 10:00 Spouse Support Group (IR) 10:30 Catholic Rosary (MH) 11:00 You be the Judge (B) 1:15 Puzzle of the Day (IR) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:30 Trivia before Dinner (B)	6	Dave's Birthday 9:15 Discuss the News (IR) 10:00 Park and Picnic (O) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourselves (IR) 3:00 Scrabble (S) 6:00 Entertainment with Guz Meza (B)	7	9:15 Discuss the News (IR) 10:00 Yoga with Ingrid (MH) 1:15 Puzzle of the Day (IR) 2:00 Kick Ball (FF) 2:30 Resident Council (MH) 3:15 Strengthen Your Brain Games (IR)	8	Shirley's Birthday 9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Card Games (BC) 3:30 Happy Hour 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie	9	9:30 Morning Documentary (MM) 10:00 Scenic Drive 1:30 Bingo (S) 3:30 Happy Hour and Entertainment with Gino DiQuinzio (B) 6:30 Saturday Night Movie (MM)
10	Grandparent's Day 9:15 Discuss the News (IR) 10:30 Church Bus (O) 11:00 Hymns on the IN2L (IR) 1:15 Bingo (S) 3:00 Happy Hour (B) 6:30 Sunday Night Movie (MM)	11	9:15 Discuss the News (IR) 10:00 Shopping at King Soopers (S) 10:00 Yoga with Ingrid (MH) 11:00 Let's Play Billiards (BB) 1:15 Puzzles of the Day (IR) 2:00 Silver Sneaker Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Crazy 8's Card Game (BC)	12	9:15 Discuss the News (IR) 10:00 Gardening Club (C) 11:00 Music at Noon (O) 1:15 Puzzle of the Day (IR) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:30 Trivia before Dinner (B) 5:30 Adult Children Support Group (IR)	13	9:15 Discuss the News (IR) 10:00 Scenic Drive (O) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourselves (IR) 3:00 Scrabble (S)	14	9:15 Discuss the News (IR) 10:00 Active Minds: Nobel Prize (MH) 1:00 Bessie's Hope Intergenerational Visits (TDR) 1:15 Puzzle of the Day (IR) 2:00 Noodle Ball (FF) 2:30 Activity Planning Committee (MH) 3:15 Strengthen Your Brain Games (IR)	15	9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Card Games (BC) 3:30 Happy Hour 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie	16	2017 Alzheimer's Walk 9:30 Morning Documentary (MM) 10:00 Lawn Games (C) 1:30 Bingo (S) 3:30 Happy Hour (B) 6:30 Saturday Night Movie (MM)
17	9:15 Discuss the News (IR) 10:30 Church Bus (O) 10:45 Fellowship Gathering (IR) 11:00 Fellowship Worship (IR) 1:15 Bingo (S) 2:25 Broncos vs Cowboys (B) 3:00 Happy Hour 6:30 Sunday Night Movie (MM)	18	9:15 Discuss the News (IR) 10:00 Shopping at Target (S) 11:00 Let's Play Billiards (BB) 1:15 Puzzles of the Day (IR) 2:00 Silver Sneaker Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Crazy 8's Card Game (BC)	19	9:15 Discuss the News (IR) 10:00 Gardening Club (C) 10:30 Catholic Rosary (MH) 11:00 Finish the Line (B) 1:15 Puzzle of the Day (IR) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:30 Trivia before Dinner (B)	20	Music Under the Stars 9:15 Discuss the News (IR) 10:00 Aspen Tree Scenic Drive (O) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourselves (IR) 3:00 Scrabble (S) 6:30 – 8:00 Music Under the Stars featuring "Swing Time" (C)	21	Rosh Hashanah 9:15 Discuss the News (IR) 10:00 Yoga with Ingrid (MH) 1:15 Puzzle of the Day (IR) 2:00 Kick Ball (FF) 2:30 (MH) 3:15 Strengthen Your Brain Games (IR)	22	Toby's Birthday 9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Card Games (BC) 3:30 Happy Hour 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie	23	9:30 Morning Documentary (MM) 10:00 Scenic Drive 1:30 Bingo (S) 3:30 Happy Hour and Entertainment with Stuart Simon (B) 6:30 Saturday Night Movie (MM)
24	8:00 Pike's Peak Reginal Air Show (O)\$ 9:15 Discuss the News (IR) 11:00 Hymns on the IN2L (IR) 11:00 Broncos Football (B) 1:15 Bingo (S) 3:00 Happy Hour 6:30 Sunday Night Movie (MM)	25	9:15 Discuss the News (IR) 10:00 Shopping at Safeway(S) 11:00 Let's Play Billiards (BB) 1:15 Puzzles of the Day (IR) 2:00 Silver Sneaker Fitness with Carolina (FF) 2:45 Spanish Class (S) 3:15 Crazy 8's (BC)	26	9:15 Discuss the News (IR) 10:00 Gardening Club (C) 10:30 Catholic Rosary (MH) 11:00 Finish the Lyrics (B) 1:15 Puzzle of the Day (IR) 2:00 Group Fitness Class (FF) 2:30 Flower Arranging (B) 3:30 Trivia before Dinner (B)	27	Gene's Birthday 9:15 Discuss the News (IR) 10:00 Botanical Gardens(O) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourselves (IR) 3:00 Scrabble (S)	28	Alice's Birthday 9:15 Discuss the News (IR) 10:00 Yoga with Ingrid (MH) 1:00 Bessie's Hope Intergenerational Visits (TDR) 1:15 Puzzle of the Day (IR) 2:00 Noodle Ball (FF) 2:30 Resident Town Hall (MH) 3:15 Strengthen Your Brain Games 6:00 – 7:30 Brain Health Workshop(MH)	29	9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Fitness with Carolina (FF) 3:00 – 4:30 Oktoberfest Entertainment and Beerfest (B) 4:30 Shabbat Beginnings (PDR) 6:30 Friday Night Movie	30	9:30 Morning Documentary (MM) 10:00 Lawn Games (C) 1:30 Bingo (S) 3:30 Happy Hour (B) 6:30 Saturday Night Movie (MM)



**ROSEMARK**  
— AT MAYFAIR PARK —

# Arbor Assisted Living™ *Activities*

**AC** Arbor Courtyard  
**MH** Mayfair Hall

**AD** Arbor Dining  
**MT** Marquee Theatre

**B** Bistro  
**O** Outing / **\$** Costs Money

**BB** Bud's Billiards  
**S** The Studio

**C** Concierge  
**SR** Sun Room

**CS** Create Space  
**TLR** Trellis Living Room

**FF** Flourish Fitness  
**TD** Trellis Dining

**IR** Ivy Room  
**W** The Workshop

**LB** Library

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						<p>1</p> <p>9:30 Watercolor Painting with Pegi (CS) 10:30 Botanical Gardens (O) 1:30 Walking Club (O) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Afternoon Sing-a-long (TLR) 3:30 Happy Hour (B) 5:30 Friday Night Movie (TLR)</p>
						<p>2</p> <p>9:30 Morning Documentary (MM) 10:00 Scenic Drive 1:30 Bingo (S) 3:30 Happy Hour (B) 5:30 Saturday Night Movie (TLR)</p>
<p>3</p> <p>9:15 Discuss the News (IR) 10:45 Fellowship Gathering (IR) 11:00 Fellowship Worship (IR) 1:15 Bingo (IR) 3:00 Happy Hour with Molly Kaufmann (B) 5:30 Sunday Night Movie (MM)</p>	<p>4</p> <p>Labor Day 9:30 Discuss the News (TDR) 10:00 Music Therapy with Felice (SR) 10:45 IN2L – Documentary 11:00 – 1:00 Family BBQ 1:30 Lawn Games 2:00 Movement to Music (CS) 2:45 Revitalize Yourself (TDR) 3:15 Finish the Line (TDR)</p>	<p>5</p> <p>9:30 Discuss the News (TDR) 10:00 Spouse Support Group (IR) 10:30 Life Skills – Gardening (C) 11:00 Bowling (H) 12:30 Building and Doing (CS) 1:30 Walking Group (O) 2:00 Group Fitness Class (FF) 2:30 Revitalize Yourself (TDR) 3:15 Flower Arranging (TDR) 5:30 Game Hour (CS) 6:30 Winding Down Meditation (TLR)</p>	<p>6</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Sorting and Folding (CS) 11:00 Ring Toss (H) 12:30 Mini-Manicures (SR) 1:30 Walking Group (O) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourself (TDR) 3:15 Story Hour (TLR) 5:30 Evening Bingo (TLR) 6:30 Puzzles and Card Games</p>	<p>7</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Lacing (CS) 11:00 Miniature Golf (H) 12:30 Puzzles (CS) 1:30 Walking Group (O) 2:00 Kick Ball (FF) 2:45 Revitalize Yourself (TDR) 3:15 Craft Time (CS) 5:30 Matching Game (CS) 6:30 Essential Oils warm Hand Massages (TLR)</p>	<p>8</p> <p>9:30 Watercolor Painting with Pegi (CS) 10:30 Dick's Sporting Goods (O) 1:30 Walking Club (O) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Afternoon Sing-a-long (TLR) 3:30 Happy Hour (B) 5:30 Friday Night Movie (TLR)</p>	<p>9</p> <p>9:30 Morning Documentary (MM) 10:00 Scenic Drive 1:30 Bingo (S) 3:30 Happy Hour and Entertainment with Gino DiQuinzio (B) 5:30 Saturday Night Movie (TLR)</p>
<p>10</p> <p>9:15 Discuss the News (IR) 10:45 Fellowship Gathering (IR) 11:00 Fellowship Worship (IR) 1:15 Bingo (IR) 3:00 Happy Hour (B) 5:30 Sunday Night Movie (MM)</p>	<p>11</p> <p>9:30 Discuss the News (TDR) 10:00 Daily Chronicles and Music (TLR) 10:30 Story Time (TLR) 1:30 Walking Group (O) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Revitalize Yourself (TDR) 3:15 Finish the Line (TDR)</p>	<p>12</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Gardening (C) 11:00 Bowling (H) 12:30 Building and Doing (CS) 1:30 Walking Group (O) 2:00 Group Fitness Class (FF) 2:30 Revitalize Yourself (TDR) 3:15 Flower Arranging (TDR) 5:30 Game Hour (CS) 5:30 Adult Children Support Group (IR) 6:30 Winding Down Meditation (TLR)</p>	<p>13</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Sorting and Folding (CS) 11:00 Ring Toss (H) 12:30 Mini-Manicures (SR) 1:30 Walking Group (O) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourself (TDR) 3:15 Story Hour (TLR) 5:30 Evening Bingo (TLR) 6:30 Puzzles and Card Games (CS)</p>	<p>14</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Lacing (CS) 11:00 Miniature Golf (H) 12:30 Puzzles (CS) 1:00 Bessie's Hope Intergenerational Visits (TDR) 2:00 Noodle Ball (FF) 2:45 Revitalize Yourself (TDR) 3:15 Craft Time (CS) 5:30 Matching Game (CS) 6:30 Essential Oils warm Hand Massages (TLR)</p>	<p>15</p> <p>9:30 Watercolor Painting with Pegi (CS) 10:30 Light Rail Ride (O) 1:30 Walking Club (O) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Afternoon Sing-a-long (TLR) 3:30 Happy Hour (B) 5:30 Friday Night Movie (TLR)</p>	<p>16</p> <p>2017 Alzheimer's Walk 9:30 Morning Documentary (MM) 10:00 Lawn Games (C) 1:30 Bingo (S) 3:30 Happy Hour (B) 5:30 Saturday Night Movie (TLR)</p>
<p>17</p> <p>9:15 Discuss the News (IR) 10:45 Fellowship Gathering (IR) 11:00 Fellowship Worship (IR) 1:15 Bingo (IR) 2:25 Broncos vs Cowboys (B) 3:00 Happy Hour (B) 5:30 Sunday Night Movie (MM)</p>	<p>18</p> <p>Prairie Day 9:30 Discuss the News (TDR) 10:00 Music Therapy with Felice (SR) 10:30 70<sup>th</sup> Anniversary of the US Air Force (TLR) 1:30 Walking Group (O) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Revitalize Yourself (TDR) 3:15 Finish the Phrase (TDR)</p>	<p>19</p> <p>Talk like a Pirate Day 9:30 Discuss the News (TDR) 10:30 Life Skills – Gardening (C) 11:00 Bowling (H) 12:30 Pirate and Sword Fights (CS) 1:30 Walking Group (O) 2:00 Group Fitness Class (FF) 2:30 Revitalize Yourself (TDR) 3:15 Flower Arranging (TDR) 5:30 Game Hour (CS) 6:30 Winding Down Meditation (TLR)</p>	<p>20</p> <p>Music Under the Stars 9:30 Discuss the News (TDR) 10:30 Life Skills – Sorting and Folding (CS) 11:00 Ring Toss (H) 12:30 Mini-Manicures (SR) 1:30 Walking Group (O) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourself (TDR) 3:15 Story Hour (TLR) 5:30 Evening Bingo (TLR) 6:30 – 8:00 Music Under the Stars featuring "Swing Time" (C)</p>	<p>21</p> <p>Rosh Hashanah 9:30 Discuss the News (TDR) 10:30 Life Skills – Lacing (CS) 11:00 Miniature Golf (H) 12:30 Puzzles (CS) 1:30 Walking Group (O) 2:00 Kick Ball (FF) 2:45 Revitalize Yourself (TDR) 3:15 Craft Time (CS) 5:30 Matching Game (CS) 6:30 Essential Oils warm Hand Massages (TLR)</p>	<p>22</p> <p>9:30 Watercolor Painting with Pegi (CS) 10:30 Scenic Drive (O) 1:30 Walking Club (O) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Afternoon Sing-a-long (TLR) 3:30 Happy Hour (B) 5:30 Friday Night Movie (TLR)</p>	<p>23</p> <p>9:30 Morning Documentary (MM) 10:00 Scenic Drive 1:30 Bingo (S) 3:30 Happy Hour and Entertainment with Stuart Simon (B) 5:30 Saturday Night Movie (TLR)</p>
<p>24</p> <p>8:00 Pike's Peak Reginal Air Show (O)\$ 9:15 Discuss the News (IR) 10:45 Fellowship Gathering (IR) 11:00 Fellowship Worship (IR) 11:00 Broncos Football (B) 1:15 Bingo (IR) 3:00 Happy Hour (B) 5:30 Sunday Night Movie (MM)</p>	<p>25</p> <p>9:30 Discuss the News (TDR) 10:00 Daily Chronicles and Music (TLR) 10:30 Story Time (TLR) 1:30 Walking Group (O) 2:00 Silver Sneakers Fitness with Carolina (FF) 2:45 Revitalize Yourself (TDR) 3:15 Finish the Line (TDR)</p>	<p>26</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Gardening (C) 11:00 Bowling (H) 12:30 Building and Doing (CS) 1:30 Walking Group (O) 2:00 Group Fitness Class (FF) 2:30 Revitalize Yourself (TDR) 3:15 Flower Arranging (TDR) 5:30 Game Hour (CS) 6:30 Winding Down Meditation (TLR)</p>	<p>27</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Sorting and Folding (CS) 11:00 Ring Toss (H) 12:30 Mini-Manicures (SR) 1:30 Walking Group (O) 2:00 Silver Sneakers Tai Chi with Carolina (FF) 2:45 Revitalize Yourself (TDR) 3:15 Story Hour (TLR) 5:30 Evening Bingo (TLR) 6:30 Puzzles and Card Games (CS)</p>	<p>28</p> <p>9:30 Discuss the News (TDR) 10:30 Life Skills – Lacing (CS) 11:00 Miniature Golf (H) 12:30 Puzzles (CS) 1:00 Bessie's Hope Intergenerational Visits (TDR) 2:00 Noodle Ball (FF) 2:45 Revitalize Yourself (TDR) 3:15 Craft Time (CS) 5:30 Matching Game (CS) 6:00 Brain Health Workshop (MH) 6:30 Essential Oils warm Hand Massages (TLR)</p>	<p>29</p> <p>9:15 Discuss the News (IR) 10:00 Watercolor with Pegi (S) 1:15 Puzzle of the Day (IR) 2:00 Silver Sneakers Fitness with Carolina (FF) 3:00 – 4:30 Oktoberfest Entertainment and Beerfest (B) 4:30 Shabbat Beginnings (PDR) 5:30 Friday Night Movie</p>	<p>30</p> <p>9:30 Morning Documentary (MM) 10:00 Lawn Games (C) 1:30 Bingo (S) 3:30 Happy Hour (B) 5:30 Saturday Night Movie (MM)</p>